











# December \*\*\*\*\* Assisted Living & Independent

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><b><u>Happy Birthday!</u></b>  <b>Leonard Martin 12/7</b>  <b>George Mitchell 12/9</b>  <b>Irene Anderson 12/15</b>  <b>Norla Smoliak 12/16</b>  <b>Margaret Bergstedt 12/26</b>  <b>Bernice Sessing 12/27</b></p>				<p>1            8:45am Wii Bowling            10:00am Dumbbell exercise, Com            10:30am Coffee Crew, CB            11:00am Trivia &amp; coffee, Com            1:00pm Activity Sign Up! Front Desk            1:30pm Table Games, Com  <b>3:00pm Happy Hour, Com</b></p>	<p>2            8:45am Wii Bowling, Com            10:30am Coffee Crew, CB  <b>1:30pm Movie &amp; popcorn, MT</b>  <b>"A Christmas Story"</b></p>
<p>3  <b>1:00pm Crafts w/ Kristy, Com</b></p>  <p><b>Come and make an Snowman!</b>            (Sign Up @ the Front Desk)</p>  <p><b>Vikings &amp; Falcons</b></p>	<p>4            8:45am Wii Bowling, Com            10:00am Morning Stretch, Com            10:30am Coffee Crew, CB            10:45am Current Events &amp; Coffee, Com  <b>1:00pm Walmart (bus leaves @1:15pm)</b>  <b>Please sign up w/Keila today if you need a Notary.</b></p>	<p>5            8:45am Wii Bowling, Com            10:00am Upper Body exercise, Com            10:30am Coffee Crew, CB            10:45am Reminiscing &amp; coffee. Com  <b>2:00pm Birthday Party w/ Wes Miller, Com</b>  <b>3:30pm Resident Council, Com</b></p>	<p>6            8:45am Wii Bowling, Com  <b>10:00am Morning Stretch w/ Jessica, Com</b>            10:30am Coffee Crew, CB            10:45am Pretty Fingers w/ Jessica, Com  <b>10:45am Bingo w/ Jessica, Com</b>            1:30pm Office work, Com  <b>2:00pm Card making w/ Judy, Com</b></p>	<p>7            8:45am Wii Bowling, Com            10:00am Morning Stretch w/ Dani, Com            10:30am Coffee Crew, CB  <b>11:00am Red Lobster, FE (bus leaves @ 11:15pm)</b>            2:00pm Rosary w/Dani, MT  <b>3:00pm Community Worship, Com</b></p>	<p>8            8:45am Wii Bowling            10:00am Dumbbell exercise, Com            10:30am Coffee Crew, CB  <b>11:00am Obbs Lunch outing, FE</b>            1:30pm Table Game, Com  <b>3:00pm Happy Hour, Com</b></p>	<p>9            8:45am Wii Bowling, Com            10:00am morning Stretch, Com            10:30am Coffee Crew, CB  <b>1:30pm Movie &amp; popcorn, MT</b>  <b>"White Christmas"</b></p>
<p>10  <b>8:00am -11:00am Christmas Brunch, DR</b></p>  <p><b>Vikings &amp; Panthers</b></p> 	<p>11            8:45am Wii Bowling, Com            10:00am Morning Stretch, Com            10:30am Coffee Crew, CB            10:45am Current Events &amp; Coffee Com  <b>2:00pm Christmas Wreath Making, Com. (Sign Up @ the Front Desk)</b></p>	<p>12            8:45am Wii Bowling, Com            10:00am Upper Body exercise, Com            10:30am Coffee Crew, CB            10:45am Reminiscing &amp; coffee. Com  <b>1:00pm Aldi's grocery outing, (bus leaves @1:15pm), FE</b>  <b>6:00pm Christmas Light Tour, FE</b></p>	<p>13            8:45am Wii Bowling, Com  <b>10:00am Morning Stretch w/ Jessica, Com</b>            10:30am Coffee Crew, CB  <b>10:45am Coffee w/ Chef Kristy, CB</b>            1:30pm Office work, Com  <b>2:00pm Kitchen Kut Ups, Com</b></p>	<p>14            8:45am Wii Bowling, Com  <b>10:00am Morning Stretch w/ Dani, Fitness Room</b>            10:30am Coffee Crew, CB  <b>10:30am Bible Study w/ Pastor Amy, Com</b>  <b>2:00pm Communion Service w/Vol, MT</b>  <b>3:00pm Community Worship, Com</b></p>	<p>15            8:45am Wii Bowling            10:00am Dumbbell exercise, Com            10:30am Coffee Crew, CB            11:00am Trivia &amp; coffee, Com            1:30pm Table Game, Com  <b>3:00pm Happy Hour, Com</b></p>	<p>16            8:45am Wii Bowling, Com  <b>10:00am Chapel Strings &amp; Friends, Com</b>  <b>1:30pm Movie &amp; popcorn, MT</b>  <b>"Miracle on 34<sup>th</sup> Street"</b></p>



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<p>17</p>  <p>Vikings &amp; Bengals</p>	<p>18</p> <p>8:45am Wii Bowling, Com          10:00am Morning Stretch, Com          10:30am Coffee Crew, CB          10:45am Decorating for the Christmas Party, Com  <b>3:00pm Christmas Party w/ Amy &amp; Adam</b></p>	<p>19</p> <p>8:45am Wii Bowling, Com          10:00am Upper Body exercise, Com          10:45am Reminiscing &amp; Coffee, Com          1:30pm Left, Right, Center w/ Jessica, Com  <b>1:00pm Dollar Tree (bus leaves @ 1:15pm), FE</b></p>	<p>20</p> <p>8:45am Wii Bowling, Com  <b>10:00am Morning Stretch w/ Jessica, Com</b>  <b>10:45am Office Work, Com</b>  <b>1:00pm Christmas String Quartets, Com</b>  <b>2:30pm Town Hall mtg., Com</b>  <b>3:00pm Bingo w/ Jessica, Com</b></p>	<p>21</p> <p>8:45am Wii Bowling, Com          10:00am Morning Stretch w/ Dani, Com          10:30am Coffee Crew, CB  <b>1:30pm Resident &amp; Staff Christmas party, DR</b>  <b>2:00pm Rosary w/ Dani</b>  <b>3:00pm Community Worship, Com</b></p>	<p>22</p> <p>8:45am Wii Bowling          10:00am Dumbbell exercise, Com          10:30am Coffee Crew, CB          11:00am Trivia &amp; coffee, Com          1:30pm Table Game, Com  <b>3:00pm Happy Hour, Com</b></p>	<p>23</p> <p>8:45am Wii Bowling, Com          10:30am Coffee Crew, CB  <b>1:30pm Movie &amp; popcorn, MT "A Christmas Carol"</b></p> <p>Vikings &amp; Packers</p> 
<p>24</p> 	<p>25</p> 	<p>26</p> <p>8:45am Wii Bowling, Com          10:00am Upper Body exercise, Com          10:30am Coffee Crew, CB</p>	<p>27</p> <p>8:45am Wii Bowling, Com  <b>10:00am Morning Stretch w/ Jessica, Com</b>          1:30pm Office work, Com  <b>2:00pm Horse Races, Com</b>  <b>3:00pm Bingo w/ Jessica, Com</b></p>	<p>28</p> <p>8:45am Wii Bowling, Com          10:00am Morning Stretch w/ Dani, Com          10:30am Coffee Crew, CB  <b>10:45am Bible Study w/ Dennis, Com</b>  <b>2:00pm Mass w/Father Benny, MT</b>  <b>3:00pm Community Worship, Com</b></p>	<p>29</p> <p>8:45am Wii Bowling          10:00am Dumbbell exercise, Com          10:30am Coffee Crew, CB          11:00am Trivia &amp; coffee, Com          1:30pm Table Game, Com  <b>3:00pm Happy Hour, Com</b></p>	<p>30</p> <p>8:45am Wii Bowling, Com          10:30am Coffee Crew, CB  <b>1:30pm Movie &amp; popcorn, MT "Little Women"</b></p>
<p>31</p>  <p>Vikings &amp; Bears</p>				<p><b>Activity Key</b>          Community Room Com          Dining Room DR          Club Room CR          Fitness Room FR          Coffee Bistro CB          Movie Theater MT          Front Entrance FE</p>		

**Friday December 1<sup>st</sup> @ 1:00pm is sign up at the Front Desk for reserved outings and activities.**

**Please Note: Our activity department is looking for residents that would be interested in being a part of our decorating committee, throughout the year. Please contact Keila on the 2<sup>nd</sup> floor Community Room. \*\*\*\*\*Please note that activities are subject to change\*\*\*\*\***