

Elm- December



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p>Activity Locations</p> <p>*Unless otherwise stated all activities will be held in Elm.</p> <p>*Activities in Bold are held out of Elm.</p> <p>*W=Willow</p> <p>*C=Community Room 2nd Floor</p> <p>*MT=Movie Theater 2nd Floor</p> <p>*DR= Main Dining Room on 1st Floor</p> | | | | | <p>1</p> <p><u>Activities with Jessica</u> 10:00am Exercise 10:30am Ball Toss 11:00am Sing Along 2:00pm Card Making with Judy (C) 2:30pm Social Hour and Christmas Decorating</p> | <p>2</p> <p><i>RA Lead</i></p> <p>10:30am Exercise 11:00am Reading Aloud 2:00pm Puzzles</p> |
| <p>3</p> <p><i>RA Lead</i></p> <p>10:30am Exercise 11:00am TV Sing Along</p> <p>12:00pm Vikings Game (FOX)</p> <p>2:00pm Coffee & Chat</p> | <p>4</p> <p>11:00am Exercise 11:30am Kickball</p> <p>2:00pm Music Therapy(W)</p> | <p>5</p> <p><u>Activities with Jessica</u> 10:00am Exercise 10:30am Bean Bag Toss 11:00am Bingo!</p> <p>2:00 December Birthday Party with Wes Miller (DR)</p> | <p>6</p> <p>10:00am Stretching 10:30am Balloon Ball</p> <p>1:30pm Christmas Carols</p> | <p>7</p> <p>10:00am-Noon Activities with Keila</p> <p>2:00 pm Rosary (MT) 3:00pm Community Worship (C)</p> | <p>8</p> <p>11:00am Exercise 11:30am Reading Aloud 3:00pm Social Hour</p> | <p>9</p> <p><i>RA Lead</i></p> <p>10:30am Exercise 11:00am Ball Toss 2:00pm Bunco</p> |
| <p>10</p> <p>Holiday Family Brunch 8am-11am</p> <p>Christmas Caroling 10am Library (2nd Floor)</p> <p>12:00pm Vikings Game (CBS)</p> | <p>11</p> <p>11:00am Exercise 11:30am Ball Games</p> <p>1:30pm Christmas Movie & Popcorn-MT</p> | <p>12</p> <p>10:00am Price is Right (CBS) 11:00am Bingo!</p> <p>2:30pm Cookie Decorating with Chef Kristy</p> | <p>13</p> <p>10:00am Stretching 10:30am Jokes</p> <p>2:00pm Kitchen Kut-Ups (C)</p> <p>6:00pm Holiday Lights Tour</p> | <p>14</p> <p>10:00am-Noon Games & Storytelling</p> <p>2:00 pm Catholic Communion (MT) 3:00 Community Worship (C)</p> | <p>15</p> <p><u>Activities with Jessica</u> 11:00am Exercise 11:30am Kickball</p> <p>3:00pm Social Hour</p> <p>Happy Birthday Irene!</p> | <p>16</p> <p><i>RA Lead</i></p> <p>10:00am Chapel Strings + Friends (C)</p> <p>2:00pm Movie</p> |

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| <p>17 <i>RA Lead</i></p> <p>10:30am Exercise 11:00am Kickball</p> <p>12:00pm Vikings Game (CBS)</p> | <p>18</p> <p>11:00am Exercise 11:30am Trivia</p> <p>3:00pm Christmas Party with Amy & Adam (C)</p> | <p>19</p> <p>10:00am Price is Right (CBS) 11:00am Bingo!</p> <p>1:30pm Music Therapy- W</p> | <p>20</p> <p>11:00am Stretching 11:30am Balloon Ball</p> <p>1:00pm Christmas Quartets (C)</p> | <p>21</p> <p>10:00am-Noon Activities with Keila</p> <p>1:30pm Staff and Resident Christmas Party (DR)</p> <p>3:00pm Community Worship (C)</p> | <p>22</p> <p>11:00am Exercise 11:30am Ball Toss</p> <p>3:00pm Social Hour</p> | <p>23 <i>RA Lead</i></p> <p>10:00am Exercise 10:30am Reading Aloud</p> <p>2:00pm Games</p> <p>7:30pm Vikings Game (NBC)</p> |
| <p>24</p> <p>9:00am Community Worship (C)</p>  <hr/> <p>31</p> <p>10:30am Exercise 12:00pm Vikings Game (FOX)</p>  | <p>25</p> <p><i>Merry Christmas</i></p>  | <p>26</p> <p>10:00am Price is Right (CBS) 11:00am Bingo!</p> <p>2:30pm Dominoes</p>  <p>Happy Birthday Margaret!</p> | <p>27</p> <p>10:00am Stretching 10:30am Kickball</p> <p>1:30pm Expanding Our Knowledge</p> | <p>28</p> <p>10:00am-Noon Exercise & Games</p> <p>2:00 pm Catholic Mass with Father Benny(MT) 3:00 Community Worship(C)</p> | <p>29</p> <p><u>Activities with Jessica</u> 11:00am Exercise 11:30am Bean Bags</p> <p>3:00pm Social Hour</p> | <p>30 <i>RA Lead</i></p> <p>10:00am Exercise 10:30am Coffee & Newspaper</p> <p>2:00pm Movie</p> |



Activity Schedules are subject to change and changes will be posted in the unit. Family and Friends are more than welcome to join any activity.

*Channels for Vikings Games:

Fox- 9

ESPN- 206

CBS- 4

NFL Network- 212

For questions or suggestions please contact the Director of Resident Relations, Dani Brown. (651) 689-1437