

January 2018

PEBBLES FROM THE SHORES

The Shores of Lake Phalen * 1870 E Shore Dr. * Maplewood, MN 55109 * Ph 651-777-7784



Celebrating
January
BIRTHDAYS!

Audrey Elmquist
1/17

Patricia Schray
1/26



Welcoming Bryan!



Welcome to The Shores Bryan!

The Shores wants to extend a warm welcome to one of our new residents!

Bryan is a new resident here at The Shores. He is from Duluth, where he spent 54 years of his life. Bryan has three sons and three grandsons.

He says he use to enjoy smelting fish in Duluth. Bryan is happy with his new home and is already very involved in our activities and outings!

Words from the Executive Director

Dear Residents, Families and Friends,

As we begin 2018, I found a poem by William Arthur Ward that I wanted to share with you:

A New Year

Another fresh new year is here...
Another year to live!
To banish worry, doubt and fear,
To love and laugh and give!
This bright new year is given me
To live each day with zest...
To daily grow and try to be
My highest and my best!
I have the opportunity
Once more to right some wrongs, and sing more joyful songs!

This January, we have a lot of wonderful opportunities for you to volunteer, get healthier with our differest exercise programs, attend educational seminars, learn a new game, listen to some great music or just socialize with friends new and old! Please see your activity calendar for a list of all of our upcoming events, and see Keila or Dani with any questions you have.

Please have your friends and families 'Like" our Shores Facebook page, so we can share all of the fun we have here with them also!

I would like to wish you each a blessed and Happy 2018!

Warm Regards,

Denise Olson, Executive Director

Notes from Nursing:

It's cold and flu season – please make sure that you are washing your hands frequently.

If you are feeling ill, please stay in your apartment and alert the nursing staff. Please refrain from eating in the dining room – we can deliver a meal tray at no charge if you are ill.

For the health and safety of you and your neighbors, please remind your friends and family to refrain from visiting if they are suffering from any cold or flu symptoms.

Podiatry will be here January 30th at 9am. If you would like to sign up stop at the front desk for a form.

Celebrating Brittany!



Brittany has been with The Shores family for over 2 years as a Front Desk administrative assistant, and 1 year as an activities assistant. Brittany loves working at here because of the residents -- especially hearing everyone's stories! -- and simply being able to help people. Brittany is working on going back to college to finish the last semester of her Bachelor's degree in Hospitality & Tourism Management at the University of Wisconsin-Stout in Menomonie, WI. Although currently living with her boyfriend in Shoreview, Brittany grew up in Maplewood, and spent many years at her own grandmother's house in our very own Lake Phalen neighborhood.



Lunch at Obbs!



Resident and staff Christmas Party!



Making Crafts!



Betsey with Mr. & Mrs. Clause!



Listening to music!

Maintenance / Housekeeping:

- Please do not flush ANY type of wipe – even wipes labeled ‘flushable’ are not truly flushable and are extremely harmful to the sewer pipes.

Activities:

- Please forward any suggestions on outings and activities to Keila or Dani – we are working on adding outings for 2018 and would love to hear your suggestions!

Business Office:

- Certificate of Rent Paid (CRP) Statements will be sent out on or before January 31st.

Dining:

- Please return all dishes, trays, etc. to the dining room.

Congratulations to Betsey!

She wins the ‘Door Decorating Contest’ for her efforts on decorating for the Christmas Season!



facebook

Thank you to all of you that have taken the time to ‘Like’ us on Facebook – if you haven’t had a chance, please check out our Facebook page – we are adding updates several times a week!

