



# Elm- July 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <i>RA Lead</i> 10:30am Exercise DVD 3:00pm Button Shorting	<b>2</b> 11:30am Exercise 3:00pm Dice Games: Bunco/LRC 	<b>3</b> 11:00am Dumbbell Exercise 11:30am Ball Toss <b>3:00pm Music Therapy(E)</b>	<b>4</b> 	<b>5</b> 11:30am Exercise <b>2:00pm Rosary(MT)</b> <b>3:00pm Community            Worship (C)</b>	<b>6</b> 11:00am Exercise 11:30am Bean Bag Toss 3:30pm Social Hour 	<b>7</b> 11:30am Exercise with Jessica 3:00pm Activities with Jessica
<b>8</b> <i>RA Lead</i> 10:30am Exercise DVD 3:00pm Movie	<b>9</b> 11:00am Exercise 11:30am Coffee & Trivia <b>2:00pm July Birthday            Party w/ JoAnne Bolles            (DR)</b>	<b>10</b> 11:00am Dumbbell Exercise 11:30am Ball Toss 3:30pm Matching & Sorting	<b>11</b> 10:00am Chair Yoga 10:30am Newspaper "Maplewood Review" 	<b>12</b> 11:00am Games with Dani <b>2:00pm Catholic            Communion(MT)</b> <b>3:00pm Community            Worship (C)</b>	<b>13</b>  3:00pm Hangman	<b>14</b> 11:30am Exercise with Jessica 3:00pm Activities with Jessica
<b>15</b>  <b>2:00pm Ice Cream            Social (With Family or            Friend Escort) (DR)</b>	<b>16</b> 11:00am Exercise 11:30am Coffee & Trivia	<b>17</b> 11:00am Dumbbell Exercise 11:30am Ball Toss <b>3:00pm Music Therapy(E)</b> 	<b>18</b> 10:00am Chair Yoga  10:30am Newspaper "Maplewood Review"	<b>19</b> Morning Activities with Keila <b>2:00pm Rosary (MT)</b> <b>3:00pm Community            Worship (C)</b> <b>4:30pm Spaghetti Feed            (Family or Friend            Escort) (DR)</b>	<b>20</b> 11:00am Balloon Ball 1:00pm Dairy Queen Outing 	<b>21</b> 11:30am Exercise with Jessica 3:00pm Activities with Jessica



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>22</b> <i>RA Lead</i> 10:30am Exercise DVD 3:00pm Patio Time	<b>23</b>  2:30pm Picture Sharing and Short Stories	<b>24</b> 11:00am Dumbbell Exercise 11:30am Bean Bag Toss 3:00pm Sing Along	<b>25</b> <i>RA Lead</i> Resident Choice 	<b>26</b> <b>2:00pm Mass with Father Benny(MT)</b> <b>3:00pm Community Worship (C)</b>	<b>27</b> <i>RA Lead</i> Resident Choice	<b>28</b> 11:30am Exercise with Jessica 3:00pm Activities with Jessica
<b>29</b> <i>RA Lead</i> 10:30am Exercise DVD 3:00pm Sing Along	<b>30</b> 11:00am Exercise  11:30am Coffee & Trivia	<b>31</b> 11:00am Dumbbell Exercise 11:30am Ball Toss 3:00pm Bingo! 				<b>Activity Locations</b> *Unless otherwise stated all activities will be held in Elm. *Activities in Bold are held out of Elm. *W=Willow *E= Elm *C=Community Room 2 <sup>nd</sup> Floor *MT=Movie Theater 2 <sup>nd</sup> Floor *DR= Main Dining Room on 1 <sup>st</sup> Floor B= Bistro on 1 <sup>st</sup> Floor

Activity Schedules are subject to change and changes will be posted in the unit. Family and Friends are more than welcome to join any activity.

**\*\*\*Activities being held on the patio will be weather permitting**

For questions or suggestions please contact the Director of Resident Relations, Dani Brown. (612) 968-8260