



Willow- July 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <i>RA Lead</i> 10:30am Exercise DVD 3:00pm Puzzles	2 11:00am Exercise 2:00pm Dice Games: Bunco/LRC 	3 10:00am Dumbbell Exercise 10:30am Ball Toss 3:00pm Music Therapy(E)	4 	5 11:00am Exercise 2:00pm Rosary(MT) 3:00pm Community Worship (C)	6 10:00am Exercise 10:30am Bean Bag Toss 1:00pm Dairy Queen Outing 	7 1:30pm Activities with Jessica
8 <i>RA Lead</i> 10:30am Exercise DVD 3:00pm Movie	9 10:00am Exercise 10:30am Coffee & Trivia 2:00pm July Birthday Party w/ JoAnne Bolles (DR)	10 10:00am Dumbbell Exercise  10:30am Ball Toss	11  3:00pm Bingo! (C)	12 Morning Activities with Keila 2:00pm Catholic Communion(MT) 3:00pm Community Worship (C)	13 10:00am Exercise 10:30am Catch Phrase	14 1:30pm Activities with Jessica 
15  2:00pm Ice Cream Social (With Family or Friend Escort) (DR)	16 10:00am Exercise 10:30am Coffee & Trivia	17 10:00am Dumbbell Exercise 10:30am Ball Toss 3:00pm Music Therapy(E) 	18 11:00am Chair Yoga  11:30am Newspaper "Maplewood Review"	19 11:00am Games with Dani 2:00pm Rosary (MT) 3:00pm Community Worship (C) 4:30pm Spaghetti Feed (Family or Friend Escort) (DR)	20 10:00am Balloon Ball 3:30pm Social Hour 	21 1:30pm Activities with Jessica



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
22 <i>RA Lead</i> 10:30am Exercise DVD 3:00pm Patio Time	23 10:00am Exercise 10:30am Coffee & Trivia 3:30pm Picture Sharing and Short Stories	24 10:00am Dumbbell Exercise 10:30am Bean Bag Toss 2:00pm Cards	25 RA Lead Resident Choice 	26 Morning Activities with Keila 2:00pm Mass with Father Benny(MT) 3:00pm Community Worship (C)	27 RA Lead Resident Choice	28 1:30pm Activities with Jessica	
29 <i>RA Lead</i> 10:30am Exercise DVD 3:00pm Bunco	30 10:00am Exercise  10:30am Coffee & Trivia 3:30pm Hangman	31 10:00am Dumbbell Exercise 10:30am Ball Toss 2:00pm Bingo!				Activity Locations *Unless otherwise stated all activities will be held in Willow. *Activities in Bold are held out of Willow. *W=Willow *E= Elm *C=Community Room 2 nd Floor *MT=Movie Theater 2 nd Floor *DR= Main Dining Room on 1 st Floor B= Bistro on 1 st Floor	

Activity Schedules are subject to change and changes will be posted in the unit. Family and Friends are more than welcome to join any activity.

*****Activities being held on the patio will be weather permitting**

For questions or suggestions please contact the Director of Resident Relations, Dani Brown. (612) 968-8260