




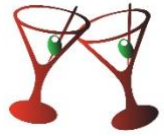


















# August \*\*\*Independent & Assisted Living\*\*\*



















| Sunday   | Monday   | Tuesday  | Wednesday   | Thursday   | Friday  | Saturday   |
|--|--|--|---|--|---|--|
|   |   |  <p><i>Art Rimmeroid 8/1</i><br/><i>Phyllis Rice 8/10</i><br/><i>Lucille Konkler 8/20</i></p>   | <p>1<br/>8:45am Wii Bowling, Com<br/>10:00am Upper Body Com<br/>10:30am Coffee Crew, CB<br/>1:00pm Activity Sign Up, Com<br/>2:00pm Office Work, Com<br/><br/>3:00pm Bingo, Com</p>  | <p>2 Table Games Available<br/>8:45am Wi Bowling, Com<br/>10:00am Morning Stretch w/ Dani, Com<br/>10:30am Coffee Crew, CB<br/>2:00pm Rosary w/ Dani, MT</p>  <p>3:00pm Community Worship Service, Com</p>          | <p>3<br/>8:45am Wii Bowling, Com<br/>10:00am Dumbbell exercise, Com<br/>10:30am Coffee Crew, CB<br/>11:00am Trivia, Com<br/>2:00pm Table Games Available, Com<br/>3:00pm Happy Hour, Com</p>                           | <p>4 Table Games Available<br/>8:45am Wii Bowling, Com<br/>10:00am Morning Stretch, Com<br/>10:30am Coffee Crew, CB<br/>10:45am Table games, Com<br/>1:30pm Movie Matinee &amp; Popcorn, MT</p>     |
| <p>5<br/><b>Table Games Available, Com</b><br/><b>10:00am Every Sunday Matinee Movies &amp; Popcorn Until 4:00pm, MT</b></p>  | <p>6<br/>8:45am Wii Bowling, Com<br/>10:00am Lower Body, Com<br/>10:30am Coffee Crew, CB<br/>10:45am Reminiscing, Trivia &amp; coffee, Com<br/>1:30pm Card Games, Com.<br/><br/>3:00pm Carol Pianist, CB</p>  | <p>7<br/>8:45am Wii Bowling, Com<br/>10:00am Lower Body, Com<br/>10:30am Coffee Crew, CB<br/>10:45am Reminiscing, Trivia &amp; coffee, Com<br/>1:30pm Pretty Fingers, Com</p>  <p>3:00pm Bingo, Com</p>  | <p>8<br/>8:45am Wii Bowling, Com<br/>10:00am Upper Body, Com<br/>10:30am Coffee Crew, CB<br/>10:30am Office Work, Com<br/>1:00pm Walmart, FE</p>                                   | <p>9 Table Games Available<br/>8:45am Wi Bowling, Com<br/>10:00am Chair Yoga W/ Dani, Com<br/>10:30am Coffee Crew, CB<br/>2:00pm Communion Service, MT w/Vo! MT</p>  <p>3:00pm Community Worship Service, Com</p> | <p>10<br/>8:45am Wii Bowling, Com<br/>10:00am Dumbbell exercise, Com<br/>10:30am Coffee Crew, CB<br/>11:00am LA casita's, FE<br/>2:00pm Tables Games, Lib<br/>6:00pm "Night Under the Star w/ The Entertainers"</p>  | <p>11 Table Games Available<br/>8:45am Wii Bowling, Com<br/>10:00am Morning Stretch, Com<br/>10:30am Coffee Crew, CB<br/>10:45am Table games, Com<br/>1:30pm Movie Matinee &amp; Popcorn, MT</p>  |
| <p>12<br/><b>2:00pm Ice Cream Social, DR.</b></p>   | <p>13<br/>8:45am Wii Bowling, Com<br/>10:00am Dumbbell exercise, com<br/>10:30am Coffee Crew CB<br/>10:45am Bunco, Com<br/>1:45am Walk to Lake Phalen, FE<br/>3:30pm Sunshine Club, Com</p>  | <p>14<br/>8:45am Wii Bowling, Com<br/>10:00am Lower Body, Com<br/>10:30am Coffee Crew, CB<br/>10:45am Reminiscing &amp; coffee, Com<br/>1:00pm Aldi's (bus leaves @ 1:15pm)</p>   | <p>15<br/>8:45am Wii Bowling, Com<br/>10:00am Upper Body, Com<br/>10:30am Coffee Crew, CB<br/>10:45am Office Work, Com<br/>2:00pm Town Hall, Com</p>  <p>3:00pm Bingo Com</p>      | <p>16 Table Games Available<br/>8:45am Wi Bowling, Com<br/>10:00am Morning Stretch, Com<br/>10:30am Coffee Crew, CB<br/>2:00pm Rosary w/ Dani, MT<br/>3:00pm Community Worship Service, Com</p>  | <p>17<br/>8:45am Wii Bowling, Com<br/>10:00am Dumbbell exercise, Com<br/>10:30am Coffee Crew, CB<br/>11:00am Lucky 13's, FE<br/>2:00pm Table Games Available, Com<br/>3:00pm Happy Hour, Com</p>                     | <p>18 Table Games Available<br/>8:45am Wii Bowling, Com<br/>10:00am Morning Stretch, Com<br/>10:30am Coffee Crew, CB<br/>10:45am Table games, Com<br/>1:30pm Movie Matinee &amp; Popcorn, MT</p>  |



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|  |  |   |   |  |  |  |
|--|--|---|---|--|--|--|
| <p>19</p> <p><b>Table Games Available, Com</b><br/><b>10:00am Sunday Matinee Movies &amp; Popcorn Until 4:00pm, MT</b></p>  | <p>20</p> <p>8:45am Wii Bowling, Com<br/>10:00am Dumbbell exercise, com<br/>10:30am Coffee Crew CB<br/>11:00am Current Events<br/><b>2:00pm Birthday Party w/ Amy&amp; Adam, DR</b></p>                 | <p>21</p> <p>8:45am Wii Bowling, Com<br/>10:00am Lower Body exercise, Com<br/>10:30am Coffee Crew, CB<br/>10:45am Reminiscing &amp; coffee, Com<br/>2:00pm Pretty Fingers, Com</p>  <p>3:30pm Trivia (Outside), FE</p>               | <p>22</p> <p>8:45am Wii Bowling, Com<br/>10:00 Morning Stretch, Com<br/>10:30am Coffee Crew, CB<br/>1:00pm Office Work, Com<br/><b>2:00pm Woodbury Kitchen band, DR</b></p>  <p>3:30pm Bingo, Com</p>           | <p><b>23 Table Games Available</b><br/>8:45am Wi Bowling, Com<br/>10:00am Chair Yoga w/Dani, Com<br/>10:30am Coffee Crew, CB<br/>10:45am Table Games available, Com<br/><b>2:00pm Mass w/ Father Benny</b></p>  <p><b>3:00pm Community Worship Service, Com</b></p> | <p>24</p> <p>8:45am Wii Bowling, Com<br/>10:00am Dumbbell exercise, Com<br/>10:30am Coffee Crew, CB<br/>11:00am Coffee, Trivia &amp; You Be the Judge, Com<br/>1:30pm Table Games &amp; cards, Com<br/><b>3:00pm Happy Hour, Com</b></p>    | <p><b>25 Table Games Available</b><br/>8:45am Wii Bowling, Com<br/>10:00am Morning Stretch, Com<br/>10:30am Coffee Crew, CB<br/>10:45am Table games, Com<br/><b>1:30pm Movie Matinee &amp; Popcorn, MT</b></p>  |
| <p>26</p>   | <p>27</p> <p>8:45am Wii Bowling, Com<br/>10:00am Dumbbell exercise, Com<br/>10:30am Coffee Crew, CB<br/>10:45am Bunco &amp; Coffee, Com<br/><b>12:30pm State Fair, FE (bus leaves @ 12:45pm)</b></p>  | <p>28</p> <p>8:45am Wii Bowling, Com<br/>10:00am Lower body, Com<br/>10:30am Coffee Crew, CB<br/>10:45am Reminiscing &amp; Coffee,<br/><b>1:00pm Dollar Tree, FE (bus leaves @ 1:00pm)</b><br/>Com<br/>3:30pm Card Games, Com</p>  | <p>29</p> <p>8:45am Wii Bowling, Com<br/><b>9:30am Morning Stretch, FR</b><br/>10:30am Coffee Crew, CB<br/>1:00pm Office Work, Com<br/><b>2:00pm Walk to Lake Phalen, FE</b></p>  <p>3:30pm Bingo, Com</p>  | <p><b>30 Table Games Available</b><br/>8:45am Wi Bowling, Com<br/>10:00am Morning Stretch w/ Dani, Com<br/>10:30am Coffee Crew, CB<br/><b>2:00pm Rosary w/ Dani, MT</b></p>  <p><b>3:00pm Community Worship Service, Com</b></p>                                  | <p>31</p> <p>8:45am Wii Bowling, Com<br/>10:00am Dumbbell exercise, Com<br/>10:30am Coffee Crew, CB<br/>11:00am Coffee, Trivia &amp; You Be the Judge, Com<br/>1:30pm Table Games &amp; cards, Com<br/><b>3:00pm Happy Hour, Com</b></p>  |    |
|  |  |   |   |  |  |  |

**\*\*\* Please Note Activities are Subject to change \*\*\***

**Activity Key:** Community Room Com/ Dining Room DR/ Club Room CR/ Fitness Room FR/ Library LIB/ Movie Theater MT/ Front Entrance FE