



JANUARY

Independent & Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Happy Birthday too!</i></p> 	<p>Luella Koziol 1/5 Doralee Wyland 1/10 Dorothy Linroth 1/11 Patricia Schray 1/26 Eugene Carroll 1/27 Shirley Klosner 1/31</p>	<p>1</p> 	<p>2</p> <p>8:45am Wii Bowling, Com 10:00am Upper Body exercise, Com 10:30am Coffee Crew, CB 10:45am Office Work, Com 1:00pm Activity Sign Up! Com 3:00pm Bingo, Com</p>	<p>3</p> <p>8:45am Wii Bowling, com 10:00am Morning Stretch, Com 2:00pm Rosary, Mt 3:00pm Community Worship Service, Com</p> 	<p>4</p> <p>8:45am Wii Bowling, Com 10:00am Dumbbell exercise, Com 10:30am Coffee Crew, CB 11:00am Trivia, Com 1:30pm Table Games, Com 3:00pm Happy Hour, Com</p> 	<p>5</p> <p>8:45am Wii Bowling, Com 10:00am Exercise, Com 10:30am Coffee Crew, CB 1:30 Movie & Popcorn, MT</p> 
<p>6</p> <p>Table Games Available, Com 10:00am Sunday Movie Matinee & Popcorn 10:00am 4:00pm, MT</p> 	<p>7</p> <p>8:45 Will Bowling, Com 10:00am Dumbbell exercise 10:30am Coffee Crew, CB 10:45am Current Events & Coffee, Com 2:00pm Birthday Party w/ Joanne Bolles, DR</p>  <p>3:30pm Sunshine Club</p>	<p>8</p> <p>8:45am Wii Bowling, Com 10:00am Lower body exercise, Com 10:30am Coffee Crew, CB 10:45am Reminiscing & Coffee, Com 1:00pm Walmart, FE</p>  <p>3:30pm Resident Council, Com</p>	<p>9</p> <p>8:45am Wii Bowling, Com 10:00am Upper Body exercise, Com 10:30am Coffee Crew, CB 10:45am Office Work, Com 2:00pm Pretty Fingers, Com</p>  <p>3:00pm Bingo, Com</p>	<p>10</p> <p>8:45am Wii Bowling, com 10:00am Morning Stretch, Com 2:00pm Communion Service, MT 3:00pm Community Worship Service, Com</p> 	<p>11</p> <p>8:45am Wii Bowling, Com 10:00am Dumbbell exercise, Com 10:30am Coffee Crew, CB 11:00am Red Lobster outing, FE 1:30pm Table Games, Com 3:00pm Happy Hour, Com</p> 	<p>12</p> <p>8:45am Wii Bowling, Com 10:00am Exercise, Com 10:30am Coffee Crew, CB 1:30 Movie & Popcorn, MT</p> 
<p>13</p> <p>Table Games Available, Com 10:00am Sunday Movie Matinee & Popcorn 10:00am 4:00pm, MT</p> 	<p>14</p> <p>8:45amWii Bowling, Co 10:00am Dumbbell exercise, Com 10:30am Coffee Crew, CB 10:45 Bunco & Coffee, Com 2:00pm Crafts w/ Jill, Com</p> 	<p>15</p> <p>8:45am Wii Bowling, Com 10:00am Lower body exercise, Com 10:30am Coffee Crew, CB 11:0am Coffee w/ Chef Lynn, CR 1:00pm  3:30pm Hangman, Com</p>	<p>16</p> <p>8:45am Wii Bowling, Com 10:00am Upper Body exercise, Com 10:30am Coffee Crew, CB 10:45am Office Work, Com 2:00pm Town Hall, Com</p>   <p>3:00pm Bingo, Com</p>	<p>17</p> <p>8:45am Wii Bowling, com 10:00am Morning Stretch, Com 2:00pm Rosary, Mt 3:00pm Community Worship Service, Com</p> 	<p>18</p> <p>8:45am Wii Bowling, Com 10:00am Dumbbell exercise, Com 10:30am Coffee Crew, CB 11:00am Gulden's Lunch, FE 1:30pm Table Games, Com 3:00pm Happy Hour, Com</p> 	<p>19</p> <p>8:45am Wii Bowling, Com 10:00am Exercise, Com 10:30am Coffee Crew, CB 1:30 Movie & Popcorn, MT</p> 

<p>20 Table Games Available, Com 10:00am Sunday Movie Matinee & Popcorn 10:00am 4:00pm, MT</p> 	<p>21 8:45am Wii Bowling, Com 10:00am Morning Stretch, Com 10:30am Coffee Crew, CB 1:30pm Movie & Popcorn, MT *Table Games Available*</p>	<p>22 8:45am Wii Bowling, Com 10:00am Lower body exercise, Com 10:30am Coffee Crew, CB 10:00am Reminiscing & Coffee, Com 1:00pm Aldi's, FE</p>  <p>3:30pm Hangman, Com</p>	<p>23 8:45am Wii Bowling, Com 10:00am Upper Body exercise, Com 10:30am Coffee Crew, CB 10:45am Office Work, Com 2:00pm Pretty Fingers, Com</p>  <p>3:00pm Bingo, Com</p>	<p>24 8:45am Wii Bowling, com 10:00am Morning Stretch, Com 2:00pm Mass w/ Father Benny, MT</p>  <p>3:00pm Community Worship Service, Com</p>	<p>25 8:45am Wii Bowling, Com 10:00am Dumbbell exercise, Com 10:30am Coffee Crew, CB 11:00am Trivia, Com 1:30pm Table Games, Com 3:00pm Happy Hour, Com</p> 	<p>26 8:45am Wii Bowling, Com 10:00am Exercise, Com 10:30am Coffee Crew, CB 1:30 Movie & Popcorn, MT</p> 
<p>27 Table Games Available, Com 2:00pm Pie Social, DR</p> 	<p>28 8:45am Wii Bowling, Com 10:00am Dumbbell exercise, Com 10:30am Coffee Crew, CB 10:45am Current Events & Coffee, Com 2:00pm <i>Cooking w Keila (sign ups only)</i>, Com</p> 	<p>29 8:45am Wii Bowling, Com 10:00am Lower body exercise, Com 10:30am Coffee Crew, CB 10:00am Reminiscing & Coffee, Com 1:30pm , Com 3:30pm Hangman, Com</p>	<p>30 8:45am Wii Bowling, Com 10:00am Upper Body exercise, Com 10:30am Coffee Crew, CB 10:45am Office Work, Com 2:00pm Left, Right & Center, Com 3:00pm Bingo, Com</p> 	<p>31 8:45am Wii Bowling, com 10:00am Morning Stretch, Com 2:00pm Rosary, Mt 3:00pm Community Worship Service, Com</p> 		<p>Activity Key Community Room – Com Dining Room – DR Fitness Room – FR Library – Lib Club Room – CR Movie Theater – MT Front Entrance - FE</p>

Attention Resident Activities Schedules are subject to change. Family and friends are welcome to questions or suggestions please contact the Activity Director Keila Ross @ 651)689-1438