

## March Horoscopes and Birthdays

In astrology, those born March 1–20 are the slippery Fish of Pisces. Selfless Pisces are very wise and empathetic, making them always willing to help others. These deep emotions also make Pisces talented artists and good friends. Those born March 21–31 are Rams of Aries. Like rams, Aries charge forward with courage, confidence, and enthusiasm. They embrace action, take risks, and will fiercely fight for their goals.

### ~RESIDENTS~

Carolyn Gustafson – March 2<sup>nd</sup>  
 Scott Olson – March 6<sup>th</sup>  
 Marian Pellerin – March 7<sup>th</sup>  
 Phillip Girgen – March 13<sup>th</sup>  
 James LaBore – March 13<sup>th</sup>  
 Phyllis Heffernan – March 18<sup>th</sup>  
 Lu Warn – March 18<sup>th</sup>  
 Ray Petschel – March 22<sup>nd</sup>

### ~STAFF~

Michelle H. (RA) – March 6<sup>th</sup>  
 Logan K. (Cook) – March 14<sup>th</sup>  
 Brenda B. (RA) – March 23<sup>rd</sup>  
 Pachia V. (RA) – March 26<sup>th</sup>  
 Marie P. (RA) – March 28<sup>th</sup>

## Religious Roots *continued from pg. 1*

leprechauns were never part of true Irish St. Paddy's Day celebrations, but they were integrated into Irish-American identity and so became celebrated symbols of St. Patrick's Day. The American version of St. Patrick's Day is so strong that many Irish-American traditions have even returned to Ireland.

Mardi Gras, like St. Paddy's Day, originated as a solemn religious holiday. As the day before the start of the ritual fasting of Lent, it was

an opportunity to indulge in sweet, fatty foods, giving rise to the name "Fat Tuesday." Over the centuries, these small indulgences led to greater hedonism, practices that were heavily discouraged by the Church. The elaborate Mardi Gras celebrations held in New Orleans emerged in 1857 when a group of men created a secret society called the Mistick Krewe of Comus. They held a lavish ball and parade, setting the secular foundations for many wild Mardi Gras to come.

## Notable Extras

### CALLING ALL BRIDGE PLAYERS!!

Norm and Bernice Sessing, residents here at The Shores, are looking for individuals who are interested in playing the card game Bridge. If you know how to play or are interested, please let Norm or Bernice know. Otherwise you can let Lori at the front desk know and we will reach out to them.

**Answer to the GUESS WHO picture:**  
 Don Neuenfeldt

### Remodeled Guest Rooms

Our guest suites on the 3<sup>rd</sup> floor have been updated. They got a new paint job and all new furniture. Please keep the guest suites in mind if you have family or friends coming to town and they need a place to stay. The guest suites can be reserved for only \$65 per day. Contact Lori at the front desk for reservations.



### Famous Birthdays

Dr. Seuss –  
 March 2, 1904

Ron Howard –  
 March 1, 1954

Liza Minnelli –  
 March 12, 1946

Albert Einstein –  
 March 14, 1879

Liz Claiborne –  
 March 31, 1929

Nat King Cole –  
 March 17, 1919

**St. Patrick's Day**  
 March 17



March 2019



### Celebrating March

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## Religious Roots to Raucous Parties

As March arrives, many look forward to the rollicking holidays of St. Patrick's Day and Mardi Gras. Yet both of these holidays are more modern American inventions than age-old religious traditions.

St. Patrick's Day, as a religious celebration, has a lengthy history. It dates back to the mid-17th century and was initiated to honor Saint Patrick and his work to bring Christianity to Ireland. The Feast of St. Patrick was held each year on the date of his supposed death, on March 17, 461 AD. The observance of the date was a solemn occasion, mostly involving quiet prayer. As recently as the 1970s, pubs were closed in Ireland on St. Patrick's Day. The rollicking revelry typically

associated with the day was decidedly un-Irish and an American invention. During the Irish Famine of 1845–1850, many Irish immigrated to America, where they were not welcome. As the Irish community in America grew and prospered, they began to celebrate both their Irish-ness and their newfound American-ness. Corned beef, shamrocks, and

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## The March of Women's History

The month of March is Women's History Month, in recognition of women and their impact on culture and society all around the world. The movement to establish recognition of women's history began in Sonoma, California, in the 1970s. A group of women formed the Education Task Force of the Sonoma County Commission on the Status of Women. Their goal was to include women's history in

the local school curriculum. For too long, men had dominated the study while women's contributions had nary a mention. The movement in Sonoma gained traction nationwide. In 1987, Congress declared the month of March as Women's History Month. Politicians, writers, freedom fighters, scientists, soldiers, athletes—women have made contributions in virtually every field. We honor them all this March.

## Welcome to our new Maintenance Director



*James (Jim) Handt  
Director of  
Maintenance*

We would like to extend a warm welcome to our new Maintenance Director, Jim.

We are so lucky to have Jim at our building. He is very knowledgeable in many different areas. He is also super friendly and always willing to help.

Jim has worked in both commercial and residential maintenance. He worked in building services for Target stores for almost 30 years. Jim then went on to work at Bradley House Apartments in the maintenance department.

We have added another "Cheesehead" to our team. Jim lives in Grantsburg, WI and says he likes to hunt and fish in his spare time.

Jim says his favorite thing about working here so far is the

residents. He said all the residents are very friendly and very appreciative. Jim has jumped right in and already taken care of our heating problems. He looks forward to problem solving any other issues that come up along the way.

Welcome Jim! 😊

### Message from Maintenance

Please make sure you are breaking down your boxes before you put them in the recycling. If you have a lot of boxes or very large ones, please take them down to the basement dumpsters rather than leaving them in the garbage room on your floor.

Thanks!



## Guess Who??



*Can you guess who this young man is?*

*The year was 1936!*



We are starting a new segment in the newsletter titled "Guess Who?" We will be sharing an old picture of one of our residents and you get to see if you can guess who it is.

We are looking for residents to share pictures from their childhood or early adult years for us to share in this segment. Please stop by Dani's office across from the front desk to share your picture or leave it with Lori at the front desk. We will make sure you get the picture back. So...Good Luck!

The answer can be found under the Notable Extras section on page 4.

## Puppy Party!

*We love our resident pets and pet guests here at The Shores. So we had a party and invited all the doggies!*



*Our employee of the month was Michelle H. She is a resident assistant. Michelle can usually be found working evening shift on 2<sup>nd</sup> and 3<sup>rd</sup> floor.*



## Valentine's Day King & Queen

*At our Valentine's Day Happy Hour, we voted for a king and queen. Ray and Sally were the winners! It was such a fun event. .*

