



Famous Birthdays

- Abigail Van Buren – July 4, 1918
- Ringo Starr – July 7, 1940
- Tom Hanks – July 9, 1956
- Nelson Mandela – July 18, 1918
- Don Knotts – July 21, 1924
- Henry Ford – July 30, 1863

July Horoscopes and Birthdays

In astrology, those born July 1–22 are the Crabs of Cancer. Guided by their hearts, Crabs are emotional and nurturing. They create deep bonds and comfortable homes, and are always willing to welcome people into their circle. Those born between July 23–31 are Lions of Leo. Leos are natural leaders: intelligent, courageous, bold, and unafraid of the limelight. Leos' social natures also make them excellent friends and bosses.

- ~RESIDENTS~
- Annette Martin – July 22nd
 - Sue Gabrielson – July 28th
 - Linda Helgeson – July 15th
 - Jack Berg – July 23rd
 - Martha Snyder -- July 19th
 - Gordy Daulton – July 3rd
 - Harry Linroth – July 14th
 - Henriette Zierdt -- July 3rd
 - Bud Schmitz – July 2nd
 - Marilyn Neuenfeldt -- July 15th

- ~STAFF~
- Soe T. (Kitchen Staff) – July 2nd
 - Melissa J. (Kitchen Staff) – July 2nd
 - Mariah F. (RA) – July 13th
 - Lynn S. (Dietary Manager) – July 18th
 - Taylor R. (RA) – July 25th

The Men on the Moon *continued from pg. 1*

famously announced, "The Eagle has landed." Typically, in these situations, the junior ranking officer would take responsibility for the spacewalk, while the commander stayed behind. Aldrin had vied for the opportunity to be the first man to walk on the moon, but he well understood the symbolism of the mission's commander being first to set foot on alien soil, even if it meant a change of NASA protocol. For this reason, Armstrong made the first famous "small step." Aldrin was not

far behind, however, and his poetic description of the lunar landscape's "magnificent desolation" has become just as memorable.

The two men spent over 21 hours on the moon. They collected samples of rock and dust, and planted an American flag. Aldrin even took Holy Communion. The entire Apollo 11 team safely returned to Earth to much fanfare, but not before they filled out a customs form declaring their place of departure as "Moon."

Memory Care Guest Meals

All guests here at The Shores of Lake Phalen are required to purchase meal tickets if they plan to eat a meal in our main dining room or join a loved one in the memory care for a meal. We ask that all guests please purchase a meal tickets at the front desk prior to the meal if they plan on eating with their family or loved one. This includes family and

friends visiting residents in the memory care. We also encourage memory care visitors to bring their loved one out to the main dining room when enjoying a meal with them. There is limited space in the memory care dining rooms and it can get over crowded when we have guests eating in there along with the residents. Thanks!



Independence Day
July 4

July 2019



Celebrating July

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Birthdays

The Men on the Moon continued...

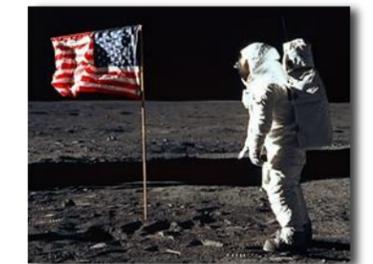
Memory Care Guest Meals

The Men on the Moon

This year marks the 50th anniversary of NASA's historic Apollo 11 mission. On July 20, 1969, Commander Neil Armstrong and pilot Edwin "Buzz" Aldrin became the first humans to land on the moon. Six hours after landing, they did something even more daring: they set foot on lunar soil and walked on the moon. Armstrong's words captured the enormity of the moment: "That's one small step for a man, one giant leap for mankind." The astronauts became worldwide heroes, and their achievement vaulted them into both the history and science books, making them household names in the process.

mission born of the Cold War-era "space race" between the United States and the Soviet Union. The mission was broadcast on television, and its importance was not lost on the astronauts involved. Michael Collins manned the command module, while Armstrong and Aldrin descended to the lunar surface in a module dubbed *Eagle*. When the craft touched down on the moon's Sea of Tranquility, Armstrong

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The moon landing marked the pinnacle of achievement for a

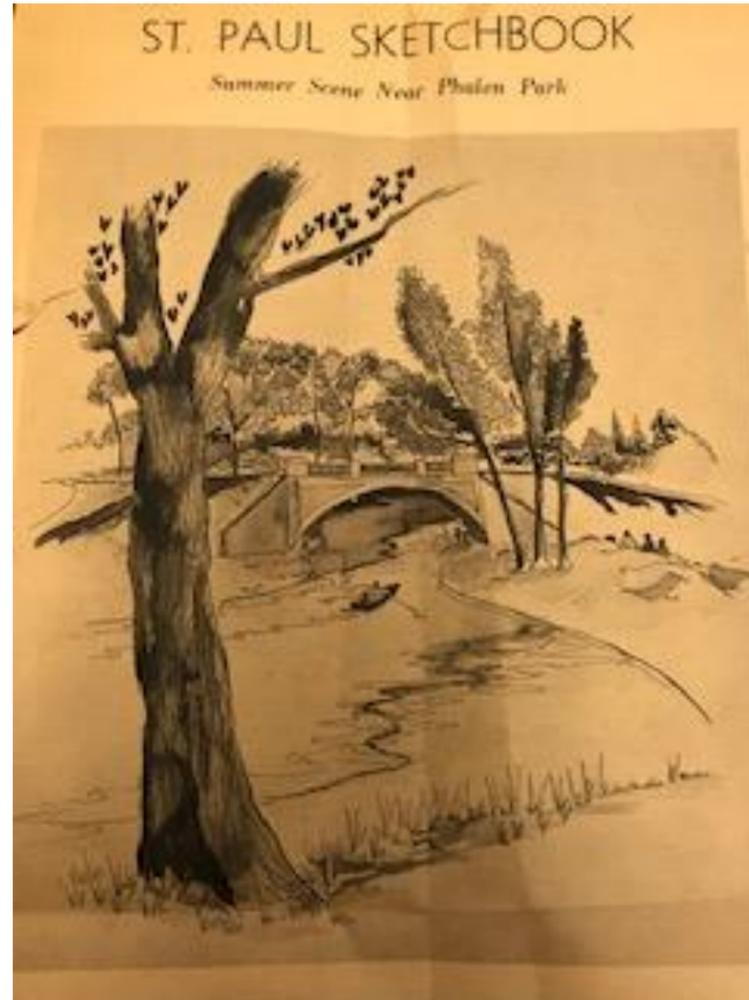
The Paperback Revolution

Before 1935, there was no such thing as a quality paperback book. But on July 30 of that year, the very first Penguin books were published in paperback, marking the start of a publishing revolution. In truth, soft-covered dime novels and pulpy tabloid-style books had been around for 100 years or more, but the first respectable paperbacks were the brainchild of publisher Allan Lane. His publishing house was suffering

from declining sales. While on a train trip, Lane was perusing the book kiosks at the station. He was disappointed that he could find nothing worthy to read. It then occurred to him that he could fulfill that need by providing good quality books for the price of a pack of cigarettes. His Penguin imprint sold over three million copies in its first year. For this reason, July 30 is celebrated as Paperback Book Day.

Interesting Findings

The picture to the right was a drawing of the small bridge where Arcade crosses the channel just off Highway 36. The channel is part of the waterway which connects Gervais, Keller, Round and Phalen lakes. This drawing was published in the St. Paul Pioneer Press on June 24th, 1956. This is a picture of the actual newspaper article. It was found in one of our resident's apartments. We just felt it was an interesting keepsake to find and thought it would be fun to share. The Phalen Lake area has a long history and we are very fortunate to be able to live near such a historic and lovely lake. The story of Lake Phalen goes all the way back to 1839 when it was named after an Edward Phalen. It is somewhat of a dark and mysterious story better left for a different publication.



Guess Who?



Special Guess Who Memorial to our friend Art Rimmereid.



This month's Guess Who is in memory of our beloved resident/friend Art Rimmereid. Art shared this photo with me last month to use in the Newsletter. I felt it only appropriate to share it with all of you in his memory. Art has been a resident here at The Shores of Lake Phalen since 2015. He was very involved in our Town Hall meetings and also helped lead our resident bible study. Art will be greatly missed by all.

Father's Day Picnic!



Residents and families enjoyed a picnic lunch in celebration of our dads for Father's Day!



Our Employee of the Month for June was Ellery T. He is a resident assistant and primarily works on the evening and overnight shifts.

