

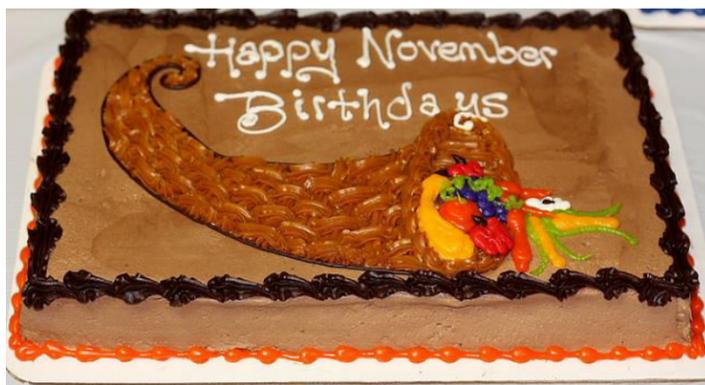
Residents Birthdays!

Leona Lovell 11/16
Gloria Barrett 11/18
Beverly Anderson 11/24
Caryl Christensen 11/24
Shirley Parry 11/28

Staff Birthdays!

Jodi Saeko 11/14
Melissa Herrera 11/24
Lillie Yang 11/29

Happy Birthday to all our friends at The Shores!



November Birthdays

In astrology, those born November 1–22 are the scorpions of Scorpio. Scorpions are passionate and assertive, yet they are also known to keep cool and calm. This composure makes them good, steadfast leaders and loyal and honest friends. Those born between November 23–30 are centaur archers of Sagittarius. Archers are curious, energetic, and enjoy change, the restless travelers of the zodiac. They are funny and enthusiastic, cherishing freedom as their greatest treasure.

Burt Lancaster (actor) – November 2, 1913
 Art Garfunkel (singer) – November 5, 1941
 Alfre Woodard (actress) – November 8, 1952
 Carl Sagan (scientist) – November 9, 1934
 Whoopi Goldberg (comedian) – Nov. 13, 1955
 Georgia O’Keeffe (painter) – November 15, 1887
 Alan Shepard (astronaut) – November 18, 1923
 George Eliot (author) – November 22, 1819
 Charles Schulz (cartoonist) – November 26, 1922
 Mark Twain (writer) – November 30, 1835

Note from the Nurse

Residents when you get a new insurance card, be sure to bring the card down to be photocopied for our nursing department.



Note from Maintenance

Our weather is fluctuating up and down cold and hot. If you need some assistance with your apartment temperature adjustment, please let the front desk know to write a slip for some assistance from maintenance.



The Pebbles of Lake Phalen

The Shores of Lake Phalen Senior Living* 1870 East Shore Drive* 651)777-7784



Celebrating November

Inspirational Role Models Month

Alzheimer’s Disease Month

American Indian Heritage Month

Author’s Day
November 1

Men Make Dinner Day
November 7

Veterans Day: U.S.
November 11

World Kindness Day
November 13

Rock Your Mocs Day
November 15

Thanksgiving: U.S.
November 28

Thanksgiving Day Dinner!

Happy Turkey Gobble Gobble! Well it’s that time of year to give thanks to our family, loved ones and friends and celebrate Thanksgiving, with a nice meal at The Shores.



Veterans Day Luncheon and Pinning Ceremony

We will be honoring our Veterans on November 11th Veterans Day. In their honor, we will have a special lunch for the veterans and a pinning ceremony to follow. Please be sure that you, or your loved one, lets Keila, or the front desk know if you are a veteran so that he or she can be honored with lunch, a certificate and a pin at the ceremony. There will be refreshments after the ceremony.



Annual Trip to the Pine Tree Apple Orchard

Residents had a beautiful day at the apple orchard enjoying apple pie, ice cream and apple picking.

Oktoberfest Pictures



Treasure Island Casino



The residents' enjoyed the casino and the beautiful fall leaves during the drive there. Enjoy the pictures!



Easy-Baked Success

On November 4, 1963, the Kenner toy company introduced the Easy-Bake Oven, a real baking oven for children that was powered by nothing more than a lightbulb. Toy salesman Norman Shapiro was inspired after taking a trip to New York City, where he saw street vendors heating their pretzels with lightbulbs. Inventor Ronald Howes was tasked with turning the idea into reality, which he did by using two 100-watt bulbs. Despite a high price tag of \$15.95, which is equivalent to \$127 in today's marketplace, the toy was a hit, selling half-a-million units in its first year alone. Now, over 50 years and 10 different designs later, it remains popular.



Thursday Collection

Pastor Amy reminds us each service that our collection goes for flowers, cards, and supporting some of the less fortunate at the John Glenn School. You may notice that every week I collect the money that is donated. Please note that I am only the messenger. Bernice is the official treasurer for the Sunshine Club. I do take the collections and deposit them in Unity One Credit Union where the Sunshine Club has an account to write checks. I do have some observations I wish to share.

1. Every week we do record the amount collected if anyone wishes to see the records.
2. The amount collected varies from \$20.00 -50.00 per week. There are anonymous gifts also.

Expenses are:

1. Flowers are about \$50.00 for everyone in the hospital.
 2. Purchases of Birthday gift for indigent children who would normally never have a birthday gift.
 3. We send monies to Cross Lutheran for Merrick food Shelf.
 4. At Christmas time we send stipend to all our volunteers Christian and Catholic.
- In summary, you can see that \$20.00 weekly collection is not going to meet all our mission work. We do have a mission here at The Shores. So, I hope we all continue to support our mission. Any Questions? Norm Sessing



The Sunshine Club



The Sunshine club continues to send out flowers and cards to the sick and shut in, as well as giving to the children of John Glen Middle School. We are seeking new sunshine club members to join and perhaps take on some of the duties such a treasury, helping bag our kids' birthday bags and assist with the yearly bake sale. If you're interested please contact Keila, in the Community Room.

The Descent of Dunce



November 8 commemorates the death of the medieval Catholic scholar and philosopher John Duns Scotus in 1308. It is from Duns Scotus that we get the

term *dunce*, meaning "a stupid person." How would such an esteemed scholar give rise to a term for a know-nothing? Duns Scotus earned great renown for his sweeping philosophical tracts, including arguments for free will, the existence of God, and the Immaculate Conception of Mary. He rivaled the great minds of Thomas Aquinas and William of Ockham. Hundreds of years later, during the Renaissance of the 16th century, many scholars thought that the ideas of Duns Scotus were behind the times. Many began to use the word *Duns*, or *dunce*, as an insult, meaning one who was incapable of scholarship. Furthermore, since Duns Scotus was often depicted in his signature pointy cap, which he