

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



April 2020



The Shore of Lake Phalen Independent & Assisted Living

1:30pm Movie Matinee 5
2:00 All House Hydration Cart



Palm Sunday

10:00am Movie, MT 6
10:00pm Let's Lift Weights
10:30am Group 2, w/Keila, Com
1:30pm Movie, MT
2:00pm Root Beer Floats, Door to Door

10:00am Movie, MT 7
10:00am Upper Body Moves
10:30am Reminiscing, w/Keila, Com
1:30pm Movie, MT
2:00pm Cookies & Coffee, Door to Door

10:00am Movie, MT 8
10:00am Limber Legs, 10:30am Group 2, w/Keila, Com
1:30pm Movie, MT
2:00pm Chips & Lemonade Cart Door to Door

April Fools' Day



10:30am Move & Groove, 10:30am Group 2, w/ Keila, Com 9
1:30pm 50's Sing along, MT
2:00pm Ice Cream Bar Cart, Devotional Reading delivered Door to Door

Passover Begins

10:00am Let's Lift Weights w/Keila, Com 10
10:30am Garbage w/Keila, Com
1:30pm Movie, MT
2:00pm Happy Hour Cart, Com

Good Friday

10:00pm Movie, MT 11
1:30pm Movie, MT
2:00pm Snack & Hydration Cart



10:00am Movie, MT 12
10:00pm Let's Lift Weights
10:30am Group 2, w/Suzie, Com
1:30pm Movie, MT
2:00pm Root Beer Floats, Door to Door



Easter Sunday

10:00am Movie, MT 13
10:00pm Let's Lift Weights
10:30am Group 2, w/Keila, Com
1:30pm Movie, MT
2:00pm Root Beer Floats, Door to Door

10:00am Movie, MT 14
10:00am Upper Body Moves
10:30am Chicken Soup, w/Keila, Com
1:30pm Movie, MT
2:00pm Cookies & Coffee Door to Door

10:00am Limber Legs, 10:30am Group 2, w/Keila, Com 15
1:30pm Movie, MT
2:00pm Chips & Lemonade Cart Door to Door

10:30am Move & Groove, 10:30am Group 2, w/ Keila, Com 16
1:30pm Spiritual Sing along, MT
2:00pm Pudding or Applesauce Cart Devotional Reading delivered Door to Door

10:00am Let's Lift Weights w/Keila, Com 17
10:30am Bingo w/Keila, Com
1:30pm Movie, MT
2:00pm Happy Hour Cart, Com

10:00am Morning stretch w/Suzie (Group of 4 only) 18
10:30am Activity w/ Suzie (Group of 4 only)
1:30pm Movie, MT
2:00pm Snack & Hydration Cart



1:30pm Movie Matinee 19
2:00 All House Hydration Cart



10:00am Movie, MT 20
10:00pm Let's Lift Weights
10:30am Group 2, w/Keila, Com
1:30pm Movie, MT
2:00pm Root Beer Floats, Door to Door

10:00am Movie, MT 21
10:00am Upper Body Moves
10:30am Garbage, w/Keila, Com
1:30pm Movie, MT
2:00pm Cookies & Coffee, Door to Door

10:00am Limber Legs, 10:30am Group 2, w/Keila, Com 22
1:30pm Movie, MT
2:00pm Chips & Lemonade Cart Door to Door

Earth Day

10:30am Move & Groove, 10:30am Group 2, w/ Keila, Com 23
1:30pm Sentimental Sing along, MT
2:00pm Ice Cream Bar Cart Devotional Reading delivered Door to Door

Ramadan Begins

10:00am Let's Lift Weights w/Keila, Com 24
10:30am Pokeno w/Keila, Com
1:30pm Movie, MT
2:00pm Happy Hour Cart, Com

Arbor Day

10:00am Morning stretch w/Suzie (Group of 4 only) 25
10:30am Activity w/ Suzie (Group of 4 only)
1:30pm Movie, MT
2:00pm Snack & Hydration Cart



1:30pm Movie Matinee 26
2:00 All House Hydration Cart



10:00am Movie, MT 27
10:00pm Let's Lift Weights
10:30am Group 2, w/Keila, Com
1:30pm Movie, MT
2:00pm Root Beer Floats, Door to Door

10:00am Movie, MT 28
10:00am Upper Body Moves
10:30am Garbage, w/Keila, Com
1:30pm Movie, MT
2:00pm Cookies & Coffee, Door to Door

10:00am Limber Legs, 10:30am Group 2, w/Keila, Com 29
1:30pm Movie, MT
2:00pm Chips & Lemonade Cart Door to Door

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10:30am Move & Groove, 10:30am Group 2, w/ Keila, Com 30
1:30pm Spiritual Sing along, MT
2:00pm Pudding or Applesauce Cart Devotional Reading delivered Door to Door

Residents & families face time with your loved one is available. Please contact Keila and make an appointment 651)230 6493

