

Sunday

Monday

Tuesday

Wednesday

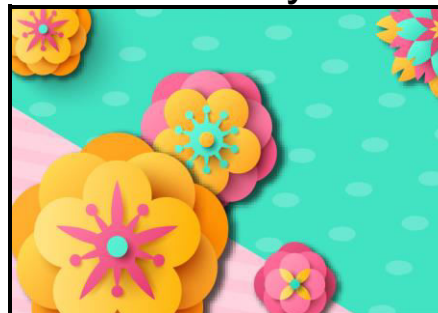
















Thursday

Friday

Saturday

May 2020

The Shore of Lake Phalen Independent & Assisted Living

					<p>10:00am Let's Lift Weights, 1 Com 10:30am Pokeno (gathering of 4), Com 1:30pm Movie Matinee, MT 2:00pm Happy Hour Cart, All House</p> <p>May Day</p>	<p>10:00am Morning Stretch w/ 2 Suzie, Com 1:30pm Movie Matinee, MT 2:00pm Hydration /Snack Cart</p>
<p>1:30pm Sunday Matinee, MT 3</p>  <p>2:00pm Hydration Cart</p>	<p>10:00am Let's Lift Weights, 4 Com 10:30am Let Lift Weights, Group 2, Com 1:30pm Monday Matinee, MT 2:00pm Chocolate Sundaes, All House</p>	<p>10:00am Limber Legs, Com 5 10:30am Limber Legs, Group 2, Com 1:30pm Movie Matinee, Com 2:00pm Nachos, Dip & Margarita's, All House</p>  <p>Cinco de Mayo</p>	<p>10:00am Upper Body Moves, 6 Com 10:30am Reminiscing, Com 1:30pm Movie Matinee, MT 2:00pm Chips & Lemonade Cart</p>	<p>10:00am Move & Groove, Com 7 10:30am Move & Groove Group 2, Com 11:00am, Devotional Reading Delivered to your Door 1:30pm Sentimental sing, MT 2:00pm Hydration & Pudding Cart</p>	<p>10:00am Let's Lift Weights, 8 Com 10:30am Bingo (gathering of 4), Com 1:30pm Movie Matinee, MT 2:00pm Mother Day Happy Hour Cart, All House</p>	<p>10:00am Morning Stretch w/ 9 Suzie, Com 1:30pm Movie Matinee, MT 2:00pm Hydration /Snack Cart</p> 
 <p>HAPPY MOTHER'S DAY</p> <p>Mother's Day</p>	<p>10:00am Let's Lift Weights, 11 Com 10:30am Let's Lift Weights, Group 2, Com 2:00pm Bandannah (outside) Residents open your window</p>	<p>10:00am Men's Grooming, 12 Com</p>  <p>1:30pm Movie Matinee, Com 2:00pm Cookies & Coffee, All House</p>	<p>10:00am Ladies Hair & Nails 13 Day, Com</p>  <p>1:30pm Movie Matinee, MT 2:00pm Chips & Lemonade Cart</p>	<p>10:00am Move & Groove, Com 14 10:30am Move & Groove Group 2, Com 11:00am, Devotional Reading Delivered to your Door 1:30pm Hymnal sing, MT 2:00pm Hydration & Ice Cream Bar Cart</p>	<p>10:00am Let's Lift Weights, 15 Com 10:30am Pokeno (gathering of 4), Com 1:30pm Movie Matinee, MT 2:00pm Happy Hour Cart, All House</p>	<p>10:00am Morning Stretch w/ 16 Suzie, Com 1:30pm Movie Matinee, MT 2:00pm Hydration/ Snack Cart</p> <p>Armed Forces Day</p>
<p>1:30pm Sunday Matinee, 17 MT</p> <p>2:00pm Hydration Cart</p> 	<p>10:00am Let's Lift Weights, 18 Com 10:30am Let's Lift Weights Group 2, Com 1:30pm Monday Matinee, MT 2:00pm Dreamcicle , All House</p> <p>Victoria Day (Canada)</p>	<p>10:00am Limber Legs, Com 19 10:30am Limber Legs, Group 2, Com 1:30pm Movie Matinee, Com 2:00pm Cookies & Coffee, All House</p>	<p>10:00am Upper Body Moves, 20 Com 10:30am Reminiscing, Com 1:30pm Movie Matinee, MT 2:00pm Chips & Lemonade Cart</p>	<p>10:00am Move & Groove, Com 21 10:30am Move & Groove Group 2, Com 11:00am, Devotional Reading Delivered to your Door 1:30pm 50's Singalong, MT 2:00pm Hydration & Pudding Cart</p>	<p>10:00am Let's Lift Weights, 22 Com 10:30am Bingo (gathering of 4), Com 1:30pm Movie Matinee, MT 2:00pm Happy Hour Cart, All House</p>	<p>10:00am Morning Stretch w/ 23 Suzie, Com 1:30pm Movie Matinee, MT 2:00pm Hydration/ Snack Cart</p> 
<p>1:30pm Sunday Matinee, 24 MT</p> <p>2:00 Hydration Cart</p> 	 <p>Memorial Day</p>	<p>10:00am Limber Legs, Com 26 10:30am Limber Legs, Group 2, Com 1:30pm Movie Matinee, Com 2:00pm Cookies & Coffee, All House</p>	<p>10:00am Ladies Hair & Nails 27 Day, Com</p>  <p>1:30pm Movie Matinee, MT 2:00pm Chips & Lemonade Cart</p>	<p>10:00am Move & Groove, Com 28 10:30am Move & Groove Group 2, Com 11:00am, Devotional Reading Delivered to your Door 1:30pm Sentimental sing, MT 2:00pm Hydration & Ice Cream Bar Cart</p> <p>Shavuot Begins</p>	<p>10:00am Let's Lift Weights, 29 Com 10:30am Pokeno (gathering of 4), Com 1:30pm Movie Matinee, MT 2:00pm Happy Hour Cart, All House</p>	<p>10:00am Morning Stretch w/ 30 Suzie, Com 10:30am Activity w/ Suzie, Com 1:30pm Movie Matinee, MT 2:00pm Hydration /Snack Cart</p>
<p>1:30pm Sunday Matinee, 31 MT</p> <p>2:00pm Hydration Cart</p> 	<p>*Resident & families face time with your loved one is available. Please contact Keila and make an appointment 651 689-1438*</p> <p>Activity Key: Front Entrance-FE/Coffee Bistro-CB/Club Room-CR/Dining Room-DR/Library-Lib/ Fitness Room-FR/ Community Room-Com/Movie Theater-MT</p> <p>All activities are subject to change</p> 