

King's Inspirational "Dream"

On August 28, 1963, before a crowd of 250,000 Americans, Martin Luther King Jr. gave his "I Have a Dream" speech at the Lincoln Memorial in Washington, D.C. The speech remains one of the most memorable ever made, ranking alongside Lincoln's "Gettysburg Address" as one of the most moving and most analyzed in American history. King's mention of his "dream" was not in his prepared remarks. Gospel singer Mahalia Jackson prompted King to "tell them about the dream," and so King improvised the most famous part of his speech on the spot.



King and his thousands of followers had come to the capital for their March on Washington for Jobs and Freedom. The march was attended by civil rights leaders, the United Auto Workers Union, and the American Jewish

Congress, all of which were united in their calls for desegregating public schools, expanding federal works programs to train workers, and addressing violations of citizens' constitutional rights. The march was not strictly business. Musicians such as Joan Baez, Bob Dylan, and Mahalia Jackson were scheduled to perform. Jackson, especially, was a mainstay at King's rallies. Their relationship was such that she had no qualms in interrupting King during his remarks and suggesting that he "tell them about the dream."

For many attendees of the march and many in the media, King's speech was the highlight. The fact that it was televised also helped the civil rights movement gain mainstream acceptance. Indeed, King's triumphant speech at the feet of Lincoln helped secure the passage of the Civil Rights Act of 1964 and paved the way for the passage of the Voting Rights Act of 1965. Both the image of King at the podium and his refrain of "I have a dream" have become defining moments of the civil rights era. Not only was King's speech added to the Library of Congress' National Recording Registry in 2002, but its words were forever etched into the marble steps of the Lincoln Memorial in the exact place where King stood on August 28, 1963.

August Birthdays

In astrology, those born between August 1–22 are Leo's Lions, the natural-born leaders of the zodiac. Dramatic, confident, and humorous, Leos are adept at rallying people to a common cause and finding creative solutions in the trickiest of situations. Those born between August 23–31 are Virgo's discriminating Virgins. Virgos pay attention to detail and are highly organized, making them curious and intelligent learners who can get the job done without complaint.

- Jerry Garcia (musician) – August 1, 1942
- James Baldwin (writer) – August 2, 1924
- Barack Obama (president) – August 4, 1961
- Matthew Henson (explorer) – August 8, 1866
- Alex Haley (writer) – August 11, 1921
- Lillian Evanti (singer) – August 12, 1890
- Julia Child (chef) – August 15, 1912
- Coco Chanel (designer) – August 19, 1883
- Ray Bradbury (writer) – August 22, 1920
- Althea Gibson (athlete) – August 25, 1927
- Ted Williams (athlete) – August 30, 1918

Activities!

We are in the next phase of returning to our normal routine. We have started doing some activities again with a gathering of 4 residents to an activity. Please be understanding that activities will be rotated among the residents, so all residents are able to participate, within social distancing limits. Be sure to wear your face mask, as it is mandatory anytime you are outside of your apartment



The Pebbles of Lake Phalen

The Shores of Lake Phalen*1870 East Shore Drive* 651)777-7784



Celebrating August

Read-a-Romance-Novel Month

Happiness Happens Month

International Clown Week
August 1–7

Watermelon Day
August 3

Elvis Week
August 8–16

Creamsicle Day
August 14

Senior Citizens Day
August 21

National Park Service Day
August 25

Matchmaker Day
August 31

Dining Room Updates!

Good news! Our dining room will be opening August 24th for all meals. You are welcome to receive tray service if you are concerned of gathering with others, Please read our Resident letter on your door this week explaining details and we look forward to seeing you all come down.



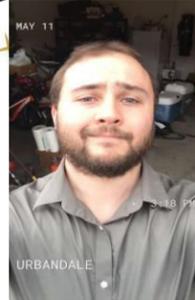
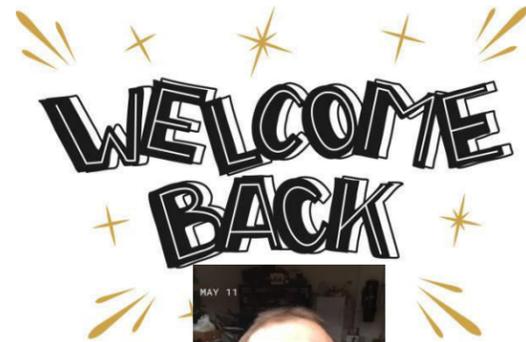
Father's Day Pictures!

This year we celebrated our fathers of The Shores, with a beautiful fruit bowl made into a shape of a barbeque grill. Filled with different delicious fruits. This was prepared by our very own wonderful, Chef Lynn and Logan. We also honored our fathers with a gift of different items that a man would enjoy. Enjoy some of the nice individual resident pictures.



Family Visits

As you know we all have had a challenging past few month without seeing our loved one face to face. We are now at the next phase to allow, families to come and visit with social distancing outdoors, by appointment only. Please let your family know that they can call and make an appointment to visit with their loved one. The visiting hours are from 10:00am to 3:00pm. Families can visit with a 2-visitor limit.



Everyone please give Drew, a warm welcome back to the Shores Dietary Department. It is so nice to have his warm smile and memorable ways again.

Marketing Updates

Residents please congratulate our new Community Relations Director our very own Logan Kubista.

Logan has been a part of the Shores family for 4 years. We all know Logan as our Dietary Chef. Logan was a great asset to dietary, I'm sure he will be missed, but not far away. Logan has a wonderful personailty and a positive spirit and willingness to fulfill his new position as The Shores Community Relations Director. Please congratulate Logan when you see him.



Community Relations Director Logan Kubista

Attention Residents!

The Shores beauty shop is now open for business. Deb has returned and eager to make you ladies and gentlemen beautiful. Stop in and make an appointment. The shop is opened Wednesday and Thursday 9:00am until 2:00pm.



Night Under the Stars

As the summer is coming to an end let us end with a bang and enjoy an evening of music and refreshments with a night under the stars in September. Watch for the date and time posted.

