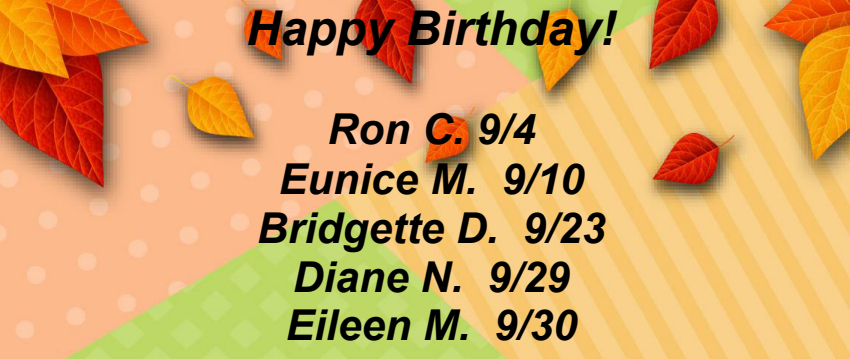










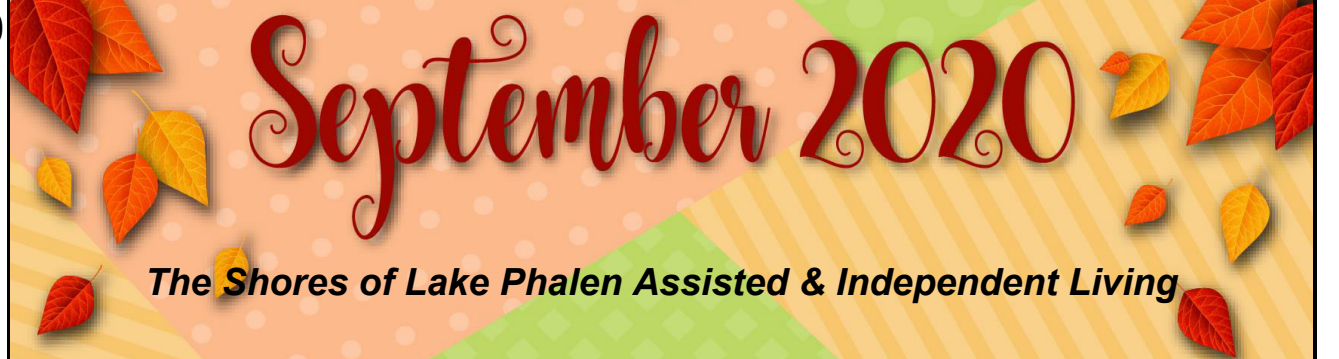


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Happy Birthday! Ron C. 9/4 Eunice M. 9/10 Bridgette D. 9/23 Diane N. 9/29 Eileen M. 9/30</p>		<p>10:00am Limbo Legs, Com 1</p> <p>10:45am Pokeno, Com</p> <p>1:30pm Movie Matinee, MT</p> <p>2:00pm Stroll by the Lake Phalen w/staff only, FE</p>	<p>10:00am Upper Body Moves, Com 2</p> <p>10:45am Keno, Com</p> <p>1:30pm "Let's do the Twist" (staff & residents)</p> <p>3:00pm Bingo, Com</p>	<p>10:00am Morning Stretch, Com 3</p> <p>10:45am Inspirational Reading (Chicken soup for the Soul), MT</p> <p>1:15pm Pastoral visit w/Pastor Amy (outside) FE Sign up @ the front desk</p>	<p>10:00am Morning Stretch, Com 4</p> <p>10:45am Keno, Com</p> <p>2:00pm Happy Hour/Snack Cart</p>	<p>10:00am Morning Stretch (resident lead), Com 5</p> <p>1:00pm Saturday Matinee, MT</p> 
<p>1:00pm Sunday Matinee, MT 6</p> 	<p>7</p>  <p>Labor Day</p>	<p>10:00am Limbo Legs, Com 8</p> <p>10:45am Pokeno, Com</p> <p>2:00pm Birthday Concert w/ Dragonflies, FE</p> <p>3:30pm Room Visits (face time w/ families)</p>	<p>10:00am Upper Body Moves, Com 9</p> <p>10:45am Keno, Com</p> <p>2:00pm Horse Event, FE</p> <p>3:00pm Bingo, Com</p>	<p>10:00am Morning Stretch, Com 10</p> <p>10:45am Inspirational Reading (Chicken soup for the Soul), MT</p> <p>1:15pm Pastoral visit w/Pastor Amy (outside) FE Sign up @ the front desk</p>	<p>10:00am Let's Lift Weights, Com 11</p> <p>10:45am Keno, Com</p> <p>2:00pm Happy Hour/Snack Cart</p>	<p>10:00am Morning Stretch (resident lead), Com 12</p> <p>1:00pm Saturday Matinee, MT</p> 
<p>1:00pm Sunday Matinee, MT 13</p>  <p>Grandparents Day</p>	<p>10:00am Let's lift Weights, Com 14</p> <p>10:30am Bunco, Com</p> <p>2:00pm Bingo, Com</p> <p>3:30pm Room Visits (face time w/ families)</p>	<p>10:00am Limbo Legs, Com 15</p> <p>10:45am Pokeno, Com</p> <p>1:30pm Movie Matinee, MT</p> <p>2:00pm Scenic Drive (sign up w/Keila), FE</p>	<p>10:00am Upper Body Moves, Com 16</p> <p>10:45am Keno, Com</p> <p>2:00pm Stroll by the Lake Phalen w/ staff only, FE</p> <p>3:00pm Bingo, Com</p>	<p>10:00am Morning Stretch, Com 17</p> <p>10:45am Inspirational Reading (Chicken soup for the Soul), MT</p> <p>1:15pm Pastoral visit w/Pastor Amy (outside) FE Sign up @ the front desk</p>	<p>10:00am Let's Lift Weights, Com 18</p> <p>10:45am Keno, Com</p> <p>2:00pm Happy Hour/Snack Cart</p> <p>Rosh Hashanah Begins</p>	<p>10:00am Morning Stretch (resident lead), Com 19</p> <p>1:00pm Saturday Matinee, MT</p> 
<p>1:00pm Sunday Matinee, MT 20</p> 	<p>10:00am Let's lift Weights, Com 21</p> <p>10:30am Bunco, Com</p> <p>2:00pm Bingo, Com</p> <p>3:30pm Room Visits (face time w/ families)</p>	<p>10:00am Limbo Legs, Com 22</p> <p>10:45am Pokeno, Com</p> <p>1:30pm Movie Matinee, MT</p> <p>2:00pm Scenic Drive (sign up w/ Keila, FE)</p> <p>Autumn Begins</p>	<p>10:00am Upper Body Moves, Com 23</p> <p>10:45am Keno, Com</p> <p>2:00pm Bingo, Com</p> <p>6:00pm Night Under the Stars w/ Patrick Allen, FE</p> 	<p>10:00am Morning Stretch, Com 24</p> <p>10:45am Inspirational Reading (Chicken soup for the Soul), MT</p> <p>1:15pm Pastoral visit w/Pastor Amy (outside) FE Sign up @ the front desk</p>	<p>10:00am Let's Lift Weights, Com 25</p> <p>10:45am Keno, Com</p> <p>2:00pm Happy Hour/Snack Cart</p>	<p>10:00am Morning Stretch (resident lead), Com 26</p> <p>1:00pm Saturday Matinee, MT</p> 
<p>1:00pm Sunday Matinee, MT 27</p>  <p>Yom Kippur Begins</p>	<p>10:00am Let's lift Weights, Com 28</p> <p>10:30am Bunco, Com</p> <p>2:00pm Bingo, Com</p> <p>3:30pm Room Visits (face time w/ families)</p>	<p>National Coffee Day! 29</p> <p>10:00am Limbo Legs, Com</p> <p>10:45am Pokeno, Com</p> <p>1:30pm Movie Matinee, MT</p> <p>2:00pm Flavored Coffee Cart</p>	<p>10:00am Upper Body Moves, Com 30</p> <p>10:45am Keno, Com</p> <p>2:00pm Stroll by the Lake Phalen w/staff only, FE</p> <p>3:00pm Bingo, Com</p>	 <p>September 2020</p> <p>The Shores of Lake Phalen Assisted & Independent Living</p>		

Activity Key: Front Entrance-FE/Coffee Bistro-CB/ Club Room-CR/ Dining Room-DR/ Community Room-Com/ Fitness Room-FR/ Movie Theater-MT/Library-Lib