

Sunday

Monday

Tuesday

Wednesday

Thursday





Friday

Saturday

October 2020



The Shores of Lake Phalen Independent & Assisted Living

<p>1:00pm Vikings vs Texans 4 MT</p> 	<p>10:00am Let's Lift Weight's, 5 Com 10:45am Keno, Com</p> <p>2:00pm Birthday Party w/ Wes Miller, FE 3:30pm Room visits Face time w/ Family</p>	<p>10:00am Limber legs, Com 6 10:45am Morning Chronicles, Com 1:30pm Movie Matinee, MT</p> <p>1:30pm Fall Leave Drive, FE (sign up w/ Keila)</p>	<p>10:00am Upper Body Moves, 7 Com</p> <p>10:45am Left, Center Right, Com</p> <p>2:00pm Fall leave stroll by the lake, FE</p> <p>3:00pm Toiletry Bingo, Com</p>	<p>10:00am Morning Stretch, 8 Com 10:45am Inspirational Reading from Chicken Soup, MT</p> <p>1:30pm Visit w/ Chaplin, FE (sign Up w/ Keila)</p>	<p>10:00am Let's Lifts Weights, 9 Com 10:45am Keno, Com</p> <p>2:00pm Happy Hour Cart, Com</p> <p style="text-align: center;">Sukkot Begins</p>	<p>10:00am Morning Stretch, 10 Com (Resident Lead) 1:00pm Saturday Matinee, MT</p>  <p style="text-align: center;"><small>Cornucopia Forum Begins</small></p>
<p>1:00pm Sunday Matinee, 11 MT</p> 	<p>10:00am Let's Lift Weights, 12 Com 10:45am Keno, Com</p> <p>2:00pm Apple of Your Eye (Residents & Staff wear red or green) Photos</p> <p>3:00pm Bingo, Com</p> <p style="text-align: center;"><small>Columbus Day (US) Thanksgiving Day (Canada)</small></p>	<p>10:00am Limber legs, 13 Com 10:45am Bunco, Com</p> <p>2:00pm Fall Craft Group, Com</p> <p>4:00pm Room Visits face time w/ families</p>	<p>10:00am Upper Body Moves, 14 Com</p> <p>10:45am Bunco, Com</p> <p>2:00pm Fall Cookie Decoration & Coffee, Com</p> <p>3:00pm Fall Harvest Bingo, Com</p>	<p>9-11:30am Flu Clinic (door to door) 15</p> <p>10:00am Morning Stretch, Com 10:45am Inspirational Reading from Chicken Soup, MT 1:30pm Visit w/ Chaplin, FE (sign Up w/ Keila)</p>	<p>Oktoberfest/Photo Booth 16</p> <p>10:00am Let's Lifts Weights, Com 10:45am Decorating for Oktoberfest, FE (Staff) 2:00pm German Beer Barrel Happy Hour Cart, Com</p>	<p>10:00am Morning Stretch, 17 Com (Resident Lead) 1:00pm Saturday Matinee, MT</p>
<p>1:00pm Vikings vs Falcons 18 MT</p> 	<p>10:00am Let's Lift Weight's 19 Com 10:45am Keno, Com</p> <p>2:00pm Chair Travel, MT 3:00pm Bingo, Com</p>	<p>10:00am Limber legs, Com 20 10:45am Morning Chronicles, Com 1:30pm Movie Matinee, MT</p> <p>1:30pm Fall Leave Drive, FE (sign up w/ Keila)</p>	<p>10:00am Upper Body Moves, 21 Com</p> <p>10:45am Left, Center Right, Com</p> <p>2:00pm Fall Leave stroll by the lake, FE</p> <p>3:00pm Toiletry Bingo, Com</p>	<p>10:00am Morning Stretch, 22 Com 10:45am Inspirational Reading from Chicken Soup, MT</p> <p>1:30pm Visit w/ Chaplin, FE (sign Up w/ Keila)</p>	<p>10:00am Let's Lifts Weights, 23 Com 10:45am Keno, Com 2:00pm Happy Hour Cart, Com</p>	<p>10:00am Morning Stretch, 24 Com (Resident Lead) 1:00pm Saturday Matinee, MT</p> 
<p>1:00pm Sunday Matinee, 25 MT</p> 	<p>10:00am Let's Lift Weights, 26 Com 10:45am Keno, Com</p> <p>2:00pm Chef's Corner, Com (sign up only)</p>	<p>10:00am Limber legs, Com 27 10:45am Morning Chronicles, Com 1:30pm Thriller Matinee, MT</p> <p>1:30pm Memory Care Scenic Drive 3:30pm Room Visits face time</p>	<p>10:00am Upper Body Moves, 28 Com</p> <p>10:45am Bunco, Com</p> <p>2:00pm Stroll by the Lake, FE 3:00pm Halloween Bingo, Com</p>	<p>10:00am Morning Stretch, 29 Com 10:45am Inspirational Reading from Chicken Soup, MT</p> <p>1:30pm Visit w/ Chaplin, FE (sign up w/ Keila)</p>	<p>Halloween Parade! 30 (Dress in Costume)</p> <p>10:00am Let's Lifts Weights, Com 10:45am Keno, Com</p> <p>2:00pm Parade of Families Happy Hour Cart, Com</p>	<p>Happy Halloween! 31</p> <p>10:00am Morning Stretch, Com (Resident Lead) 1:00pm Thriller Matinee, MT</p>

Activity Key: Front Entrance-FE/ Coffee Bistro-CB/Club Room-CR/Dining Room-DR/Community Room-Com/Library-lib/Fitness Room-FR/Movie Theater-MT/Beauty Shop-BS