

### The Apple of My Eye

This month we celebrated a day of letting the special someone in your life know that they are the **"The Apple of My Eye"**. Enjoy some of the resident's pictures that participated in the special day.

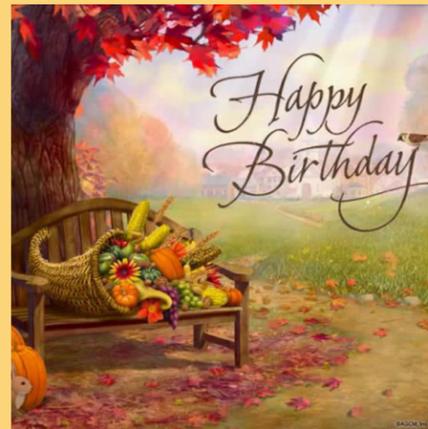


### November Birthdays

Rhea B. 11/4  
 Gloria B. 11/18  
 Shirley P. 11/28

### Staff Birthdays

Jodi Saeko 11/14



### Culinary Staff Decorated Pumpkins for Residents

Our wonderful Culinary Director and her staff decorated, and personalized beautiful pumpkins for each resident with their names. Kudos to Dietary!



# The Pebbles of Lake Phalen

The Shores of Lake Phalen \* 1870 East Shores Drive\* 651) 777-7784

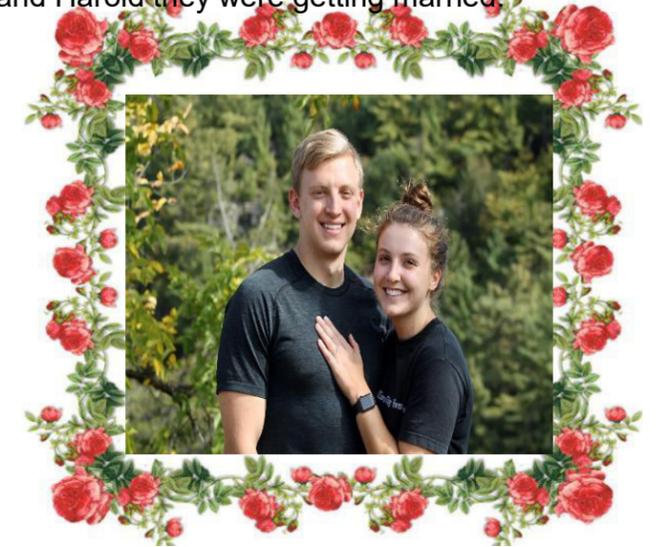


### A Love Story grows out of the Phalen Roots

John Martin's daughter, Jude, and Harold's son, Gus had known who each other were since they were very young. Both families attended the same church and spent time together weekly but once all the children had grown, they did not stay connected like John & June and Harold & Margaret. Fast forward many years, Jude and her husband Chris and Gus and his wife Margie, had run into each other once or twice briefly but none of their children had ever met, other than a passing introduction at a Christmas gathering at the Shores.

After running into them in the Shores of Lake Phalen lobby at Christmas, Chris & Jude (Kia's parents) thought it would be nice to get their families together before the kids all returned to college so they invited the Broman's over for a game night later that week. It was a fun night as both families got to know each other better.

Not long after, Eli invited Kia to join him for a young adult Bible Study and eventually asked her out on a date. And the rest is history until on September 19, when he proposed to while they were hiking at Taylors Falls. After celebrating with their parents, the first place the couple came was to The Shores of Lake Phalen to announce through the window to John and Harold they were getting married.



### Celebrating November

Aviation History Month

Native American Heritage Month

Adopt a Turkey Month

Polar Bear Week  
 November 1-7

Cliché Day  
 November 3

Veterans Day: U.S.  
 November 11

Rock Your Mocs Day  
 November 15

International Men's Day  
 November 19

Thanksgiving: U.S.  
 November 26

Square Dancing Day  
 November 29

### Fall Wreath Crafts

This month we enjoyed doing a fall craft gathering while visiting with each other. The ladies enjoyed making their fall wreaths for their doors. Here are some picture of the finished wreaths.



### Note from the Nurses

Now that flu season is upon us along Covid-19, be sure to wear your mask when leaving your apartment, wash your hands, and sanitize consistently.



### Note from the Maintenance Director

Residents it is that time of the year, to adjust your thermostat to Heat and Auto. If you need assistance, please call, or let the front desk know to put a work order in for you. Our wonderful maintenance director, Jim, will be more than happy to assist you with this.



### Honoring our Veterans

*The Shores takes pride in, honoring our veterans. This year we will honor our Veterans with a special luncheon, pining ceremony, and words of kindness. Thank you to our Veteran at the Shores.*



### Family Visits and Facetime

We are now having inside family visits, following the same safety precautions, and screening process as we did outside. Let your families know they can call the front desk to schedule an appointment.

You can also call Keila @ 651)689-1438 and schedule an appointment for face time with your love one.

### Blessings from Pastor Amy

Thanksgiving greetings to you dear neighbors, You remain in my thoughts and prayers as we draw near to Thanksgiving and continue to live through a pandemic and an election. Our last few months have not been easy, yet we continue to share life in our Shores community. When Paul wrote to the Philippians he said "I thank my God in all my remembrance of you" (Phil1:3) and I may have glimpse of what he meant. The way you look out for each other even when we, cannot gather, whether it's with a phone call or a greeting outside, is truly a gift. Your care extends beyond neighbors who live here but to each other's families as well as to us as staff. You have made clear that you long for time with family and there is no doubt that we look forward to the day when we can safely gather. Until those days, we pray for each other, continue to reach out with phone calls, notes and distanced greetings in the hallways. We will continue to share each other's griefs and multiply each other's joys. If you would like to visit, I would be glad to visit when I am here on Thursday afternoon. Please let Keila know you would like to visit, and she will make sure you are on the schedule. No one is an island, even though we need to keep our distance, you matter and life in this community is one gift we will continue to share. With Prayer of thank for you, Pastor Amy



**Chef's Corner**  
**Our Chef's corner will be November 30<sup>th</sup> @ 2:00pm in the Community Room please sign up with Keila, to participate.**

