












Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00pm Movie Matinee, MT 1  <small>Daylight Saving Time Ends</small>	2 10:00am Let's Lift Weights, Com 10:45am Bunco, Com 2:00pm Facetime w/families & Room Visits 3:00pm Bingo, Com	3 10:00am Limber Legs, Com 10:45am Garbage, Com 2:00pm Pumpkin Painting, Com 3:30pm Facetime w/families & Room Visits	(National Candy Day) 4 10:00am Upper Body Moves, Com 10:45am Keno, Com 2:00pm Facetime w/families & Room Visits 3:00pm Toiletry Bingo, Com	5 10:00am Move & Groove, Com 10:45am Reading from Chicken Soup, MT 1:00pm Movie Matinee, MT. 1:30pm Visits w/Pastor Amy	(National Jersey Day) 6 10:00am Let's Lift Weights, Com 10:45am Keno, Com 2:00pm Happy Hour Cart (Jazz Day)	7 10:00am Morning Stretch (Resident lead), Com 1:30pm Movie Matinee, MT 
1:00pm Movie Matinee, MT 8 	9 10:00am Let's Lift Weights, Com 10:45am Bunco, Com 2:00pm Facetime w/families & Room Visits 3:00pm Bingo, Com	(Vanilla Cupcake Day) 10 10:00am Limber Legs, Com 10:45am Garbage, Com 2:00pm Birthday Party, DR (music and visiting) 3:30pm Facetime w/families & Room Visits	11 10:00am Upper Body Moves, Com 10:45am Bingo, Com 2:00pm Veteran Day Celebration, DR 	12 10:00am Move & Groove, Com 10:45am Reading from Chicken Soup, MT 1:00pm Movie Matinee, MT 1:30pm Visits w/Pastor Amy	13 10:00am Let's Lift Weights, Com 10:45am Keno, Com 2:00pm Happy Hour Cart	14 10:00am Morning Stretch Resident lead, Com 1:30pm Movie Matinee, MT
1:00pm Movie Matinee, MT 15 	16 10:00am Let's Lift Weights, Com 10:45am Bingo, Com 2:00pm Stained Glass Painting, Com 3:30pm Room Visits	17 10:00am Limber Legs, Com 10:45am Garbage, Com 2:00pm Stained Glass Painting, Com 3:30pm Facetime w/families & Room Visits	18 10:00am Upper Body Moves, Com 10:45am Keno, Com 2:00pm Facetime w/families & Room Visits 3:00pm Toiletry Bingo, Com	19 10:00am Move & Groove, Com 10:45am Reading from Chicken Soup, MT 1:00pm Movie Matinee, MT 1:30pm Visits w/Pastor Amy	20 10:00am Let's Lift Weights, Com 10:45am Keno, Com 2:00pm Happy Hour Cart	21 10:00am Morning Stretch Resident lead, Com 1:30pm Movie Matinee, MT 
1:00pm Movie Matinee, MT 22 	(Cashew Day) 23 10:00am Let's Lift Weights, Com 10:45am Bunco, Com 2:00pm Facetime w/families & Room Visits 3:00pm Bingo, Com	24 10:00am Limber Legs, Com 10:45am Garbage, Com 1:30pm Thanksgiving Visits w/Pastor Amy 3:30pm Facetime w/families & Room Visits	25 10:00am Upper Body Moves, Com 10:45am Keno, Com 2:00pm Thanksgiving Happy Hour, DR & FE 4:00pm Facetime w/families & Room Visits	26  <small>Thanksgiving Day (US)</small>	27 10:00am Let's Lift Weights, Com 10:45am Keno, Com 2:00pm Happy Hour Cart	28 10:00am Morning Stretch Resident lead, Com 1:30pm Movie Matinee, MT
1:00pm Movie Matinee, MT 29 	30 10:00am Let's Lift Weights, Com 10:45am Bingo, Com 2:00pm Chefs Corner, Com	 <h1>November 2020</h1> <p>The Shore of Lake Phalen Independent & Assisted Living</p> 				

Activity Key: Front Entrance -FE/Coffee Bistro-CB/Club Room -CR/ Dining Room-DR/Library-Lib/Community Room-Com/Fitness Room-FR/Movie Theater- MT/Beauty Shop-BS