

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2:00- St. Andrews Lutheran Church Service 	8:30-Exercise 10:30-Giant Yard Jenga 11:00-Bingo 1:00-Bean Bags 1:30-Shake Loose a Memory 3:00-Arts & Crafts 	8:30-Exercise 10:30-Trivia 11:00-Bubble Blowing 1:00- Play Doh Sensory 1:30-Ring Toss 2:00- Birthday Party w/ Wes Miller 	8:30-Exercise 10:30-Hangman 11:00-Tongue Twisters 1:00-Bowling 1:30-Bean Bag Toss 3:00-Baking Club 	8:30-Exercise 10:30-Cup Stacking Game 11:00-Bunco 1:00-Kickball 1:30-Name That Price 2:00-Holy Rosary 3:00- Church Service w/ Pastor Amy	8:30- Exercise 10:30-Ball Toss 11:00-Patio Social 1:00-Bingo 1:30-Parachute Exercise 3:00- Social Hour 	10:00-Exercise 3:00- Bingo 
2:00- St. Andrews Lutheran Church Service 2:00- Sweet Treat Social 	8:30- Exercise 10:30-Coffee, Cookie, & Chat 11:00-Fold & Sort 1:00-Ball Toss 1:30-Bowling 3:00-Movie & Popcorn	8:30- Exercise 10:30-Tongue Twisters 11:00-Beading 1:00-Scavenger Hunt 2:00- North Suburban Choir 3:00-Arts & Crafts 3:30-Patio Social 	8:30- Exercise 10:30-Name That Tune 11:00-Family Feud 1:00- Bubble Blowing 3:00-Play Doh Sensory 3:30-Word Find 	8:30- Exercise 10:30-Hand Massages 11:00-Ring Toss 1:00-Rock Painting 1:30-Trivia 2:00-Holy Rosary 3:00- Church Service w/ Pastor Amy	8:30- Exercise 10:30-This Day in History 11:00-Bunco 1:00-Bingo 1:30-Gentle Chair Yoga 3:00- Social Hour 	10:00-Bunco 3:00-Parachute Exercise Happy Birthday Jerome P
2:00- St. Andrews Lutheran Church Service 	8:30- Exercise 9:30-Music Therapy w/ Mary Livingston 11:00-Ball Toss 1:00-Patio Social 1:30-Gentle Chair Yoga 3:00-Arts & Crafts 	8:30- Exercise 10:30-Color Sorting 11:00-Kickball 1:00-Play Doh Sensory 1:30-Shake Loose a Memory 3:00-Patio Social 3:30-Water Balloon Toss	8:30- Exercise 10:30-Sorting Stations 11:00-Hand Massages 1:00-Beading 1:30-Manicures 3:00-Search & Find 3:30-Bingo 	8:30- Exercise 10:30-Mini Basketball 11:00-Table Game Choice 1:00-Junk Drawer Detectives 1:30-Ball Toss 2:00-Mass w/ Father Peter 3:00- Church Service w/ Pastor Amy	8:30- Exercise 10:30-Bubble Blowing 11:00-Fold & Sort 1:00-Bingo 1:30-Parachute Exercise 3:00-Social Hour 	10:00- Shake Loose a Memory 3:00- Gentle Chair Yoga
2:00- St. Andrews Lutheran Church Service 	8:30- Exercise 10:30-Kickball 11:00-Hand Massages 1:00-Finishing Phrases 2:00- Boost your Brain w/ Interim 3:00-Arts & Crafts 	8:30- Exercise 10:30-Nursey Rhyme Trivia 11:00-Ball Toss 1:00-Play Doh Sensory 1:30- Scenic Drive & DQ 3:00-Afternoon Stretch 3:30-Bingo	8:30- Exercise 10:30-Tongue Twisters 11:00-Bowling 1:30-Shake Loose a Memory 3:00-Baking Club 	8:30- Exercise 10:30-Beading 11:00-Fold & Sort 1:00-Jenga 1:30-Parachute Exercise 2:00-Holy Rosary 3:00- Church Service w/ Pastor Amy	8:30- Exercise 10:30-Ball Toss 11:00-Patio Social 1:00- Play Doh Sensory 1:30- Gentle Chair Yoga 3:00- Social Hour 	10:00-Bowling 3:00- Ring Toss 
2:00- St. Andrews Lutheran Church Service 	8:30- Exercise 10:30-Name That Tune 11:00-Patio Social 1:00- Mini Basketball 2:00-Craft Corner w/ Ms. Jill 3:30-Parachute Exercise 	8:30- Exercise 10:30-Name That Price 11:00-Table Game Choice 1:00-Shake Loose a Memory 1:30-Patio Social				

Activities are subject to change. Please contact Kayla with questions or activity suggestions; kcouillard@theshoresoflakephalen.com