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<b>2:00 St. Andrew's Lutheran Church Service (Ch. 14)</b> 	8:30 Wii Bowling after breakfast! (Resident lead) 9:30 Exercise w/ Kayla 10:00 Card Club <b>2:30 Bingo w/ Kayla!</b> (Kat off) 	8:30 Wii Bowling after breakfast! (Resident lead) 9:30 Exercise 10:00 Card Club <b>2:00 August Birthday Party w/ Wes Miller!</b> 3:15 Cribbage Club 	8:30 Wii Bowling after breakfast! (Resident lead) 9:30 Exercise 10:00 Card Club 1:00 Afternoon Stretch <b>2:30 Bingo!</b> 	8:30 Wii Bowling after breakfast! (Resident lead) 9:30 Exercise 10:00 Bible Study & Hymns w/ Lynn 2:00 Holy Rosary 3:00 Church Service w/ Pastor Amy 	8:30 Wii Bowling after breakfast! (Resident lead) <b>9:30 Music Therapy – sing along while we stretch</b> 10:30 Card Club (Resident Lead) <b>2:30 HaPpY HoUr w/ Dale &amp; Kristen!</b> (Kat off)	9:30 Exercise (Resident Lead) Sit outside & enjoy some fresh air! Rainy days are great for a movie matinee! <b>*Remember to hydrate*</b> 1:00 Movie Matinee
<b>2:00 Sweet Treat Social! (Dining Room)</b>  <b>2:00 St. Andrew's Lutheran Church Service (Ch. 14)</b> 	8:30 Wii Bowling after breakfast! (Resident lead) 9:30 Exercise w/ Alfonso 10:00 Card Game (Resident Lead) 2:30 Cribbage Club (Resident Lead) (Kat off)	8:30 Wii Bowling after breakfast! (Resident lead) 9:30 Exercise 10:00 Hangman <b>2:00 North Suburban Choir</b> 3:15 Card Club 	8:30 Wii Bowling after breakfast! (Resident lead) 9:30 Exercise <b>12:30 Dollar Tree</b> <b>2:30 Bingo!</b> 	8:30 Wii Bowling after breakfast! (Resident lead) 9:30 Exercise 10:00 Card Club 2:00 Holy Rosary 3:00 Church Service w/ Pastor Amy 	8:30 Wii Bowling after breakfast! (Resident lead) 9:30 Exercise <b>11:00 Jimmy's in Vadnais Heights – (Make up Outing)</b> <b>2:30 HaPpY HoUr w/ Tom Erickson!</b> 3:45 Cribbage Club	9:30 Exercise (Resident Lead) Sit outside & enjoy some fresh air! Rainy days are great for a movie matinee! <b>*Remember to hydrate*</b> 1:00 Movie Matinee
	8:30 Wii Bowling after breakfast! (Resident lead) 9:30 Exercise 10:00 Reminisce <b>1:00 Walmart</b> 3:30 Card Club 	8:30 Wii Bowling after breakfast! (Resident lead) 9:30 Exercise 10:00 Card Club <b>1:00 Sustainable Safari at the Maplewood Mall!</b> 	8:30 Wii Bowling after breakfast! (Resident lead) 9:30 Exercise 10:00 Card Club 1:00 Afternoon Stretch <b>2:30 Bingo!</b> 	8:30 Wii Bowling after breakfast! (Resident lead) 9:30 Exercise 10:00 Bible Study & Hymns w/ Lynn 2:00 Mass w/ Father Peter 3:00 Church Service w/ Pastor Amy 	8:30 Wii Bowling after breakfast! (Resident lead) 9:30 Exercise 10:00 Card Club 1:00 Afternoon Stretch <b>2:30 HaPpY HoUr w/ Michael Larsen &amp; the accordion!</b> 3:45 Cribbage Club	9:30 Exercise (Resident Lead) Sit outside & enjoy some fresh air! Rainy days are great for a movie matinee! <b>*Remember to hydrate*</b> 1:00 Movie Matinee
<b>2:00 St. Andrew's Lutheran Church Service (Ch. 14)</b> 	8:30 Wii Bowling after breakfast! (Resident lead) 9:30 Exercise 10:00 Card Club <b>12:45 Manicure Monday</b> <b>2:00 "Boost Your Brain" w/ Interim (educational class)</b> 3:15 Seven's 	8:30 Wii Bowling after breakfast! (Resident lead) 9:30 Exercise 10:00 Card Club <b>11:00 Picnic in the Park!</b> 	8:30 Wii Bowling after breakfast! (Resident lead) 9:30 Exercise <b>10:00 Coffee w/ Chef Lynn!</b> <b>1:00 Town Hall</b> <b>2:30 Bingo!</b> 	8:30 Wii Bowling after breakfast! (Resident lead) 9:30 Exercise 10:00 Card Club 2:00 Holy Rosary 3:00 Church Service w/ Pastor Amy 	8:30 Wii Bowling after breakfast! (Resident lead) 9:30 Exercise 10:00 Card Club 1:00 Afternoon Stretch <b>2:30 HaPpY HoUr!</b> 3:45 Cribbage Club	9:30 Exercise (Resident Lead) Sit outside & enjoy some fresh air! Rainy days are great for a movie matinee! <b>*Remember to hydrate*</b> 1:00 Movie Matinee
<b>2:00 St. Andrew's Lutheran Church Service (Ch. 14)</b> 	8:30 Wii Bowling after breakfast! (Resident lead) 9:30 Exercise 10:00 Card Club <b>2:00 Craft Corner w/ Ms. Jill</b> 3:15 Shake Loose a Memory! 	8:30 Wii Bowling after breakfast! (Resident lead) 9:30 Exercise 10:00 Card Club <b>1:00 Como Park Conservatory &amp; Scenic Drive</b> 	<h1>August 2021</h1> <p>The Shores of Lake Phalen Assisted Living Community</p>			

Activities are subject to change. Questions or suggestions on outings or group activities; please contact Kat at (651) 689-1438. ☺