













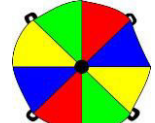





Sunday Monday Tuesday Wednesday Thursday Friday Saturday

September 2021

Willow

<p>2:00-St. Andrews Lutheran Church Service (Channel 14) 5</p>  <p>Grandparents Day</p>	<p>6</p> <p>HAPPY Labor Day</p> <p>Labor Day Rosh Hashanah Begins</p>	<p>9:30-Exercise 7 10:00-Brain Teasers 11:30-Patio Social w/ Bubbles 2:00-Birthday Party w/ Amy & Adams 4:00-Balloon Volleyball</p> 	<p>9:30-Exercise 8 10:00-Golf 11:30-Therapeutic Putty 2:00-Junk Drawer Detectives 2:30-Gentle Chair Yoga 4:00-Bingo</p> 	<p>9:30-Exercise 9 10:00-Cup Stacking 11:30-Ring Toss 2:00-Holy Rosary 3:00- Church Service w/ Pastor Amy</p> 	<p>9:30-Exercise 10 10:00-Spelling Bee 11:30-Balloon Ball 2:00-Social Hour 4:00-Tongue Twisters</p> 	<p>10:00-Exercise 11 4:00-Movie & Popcorn</p> 
<p>2:00-St. Andrews Lutheran Church Service (Channel 14) 12</p>  <p>Grandparents Day</p>	<p>9:30-Exercise 13 10:00-Whats in the Bag 11:30-This Day in History 2:00-Arts & Crafts 2:30-Bean Bag Toss 4:00- Parachute Exercise</p>	<p>9:30-Exercise 14 10:00-Bingo 11:30-Ring Toss 2:00-Pretty Fingers 2:30-Rhymes 4:00-Price is Right</p> 	<p>9:30-Exercise 15 10:00-Chair Soccer 11:30-Bowling 1:00-Scenic Drive & DQ 2:00-Patio Social 2:30-Bingo 4:00-Afternoon Stretch</p> <p>Yom Kippur Begins</p>	<p>9:30-Exercise 16 10:00-Play Doh Sensory 11:30-Coupon Clipping 2:00-Mass w/ Father Peter 3:00- Church Service w/ Pastor Amy</p> 	<p>9:30-Music Therapy w/ Melissa 17 11:30-Table Game Choice 2:00-Social Hour 4:00-Hand Massages</p> 	<p>10:00-Exercise 18 4:00- Bowling</p>  <p>Oktoberfest Begins</p>
<p>2:00-St. Andrews Lutheran Church Service (Channel 14) 19</p> 	<p>9:30-Sing Along w/ Mary Livingston 20 11:30-Fold & Sort 2:30-Spot the Difference 4:00-Ball Toss</p> 	<p>9:30-Exercise 21 10:00-Nursery Rhymes 11:30- Bunco 2:00-Hand Massages 2:30-Bingo 4:00-Play-Doh Sensory</p>	<p>9:30-Exercise 22 10:00-Therapeutic Putty 11:30-Trivia 2:00-Word Finds 2:30-Finishing Phrases 4:00-Fall Scavenger Hunt</p> <p>Autumn Begins</p>	<p>9:30-Exercise 23 10:00- Mini Basketball 11:30-Ring Toss 2:00-Holy Rosary 3:00- Church Service w/ Pastor Amy</p> 	<p>9:30-Exercise 24 10:00-Ball Toss 11:30-Giant Jenga 2:00-Social Hour 4:00-Bubble Blowing</p> 	<p>10:00-Exercise 25 4:00- Parachute Exercise</p> 
<p>2:00-St. Andrews Lutheran Church Service (Channel 14) 26</p> 	<p>9:30-Exercise 27 10:00-Search & Find 11:30-Play-Doh Sensory 1:00- Sustainable Safari @ Maplewood Mall Outing 4:00-Gentle Chair Yoga</p>	<p>9:30-Exercise 28 10:00-Sorting Stations 11:30-Bocce Ball 2:00-Therapeutic Putty 2:30-Bingo 4:00-Coupon Clipping</p>  <p>Simchat Torah Begins</p>	<p>9:30-Exercise 29 10:00-Name That Price 11:30-Table Game Choice 2:00-Shake Loose a Memory 2:30-Hand Massages 4:00-Patio Social</p> 	<p>9:30-Exercise 30 10:00- Name That Tune 11:30-Bean Bag Toss 2:00-Holy Rosary 3:00- Church Service w/ Pastor Amy</p> 	<p>Special days! 9/1—National Country Hits Day 9/4— National Eat an extra dessert Day 9/12— National Grandparents Day 9/18— Birthday of the U.S Air Force 9/18—National Talk like a Pirate Day 9/22—National Ice Cream Cone Day 9/25—National Hunting & Fishing Day</p>	

Activites are subject to change. Please contact Kayla with questions or activity suggestions; kcouillard@theshoresoflakephale.com