

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2021

Willow

<p>10:45- Visit w/ Father Shane 2:00- St. Andrews Lutheran Church Service (Channel 14)</p> 	<p>10:30-Exercise 11:00-Bowling 1:00-Bean Bag Toss 1:30-Bingo 3:00-Parachute Exercise 3:30-Movie Matinee &amp; Popcorn</p>	<p>10:30-Exercise 11:00-Chair Soccer 1:00-Curret Events 1:30-Shake Loose a Memory 3:00-Theraputic Putty 3:30- The Shores Walking Club</p>	<p>10:30-Exercise 11:00-Horseshoe Game 1:00-Kickball 1:30-Puzzles 2:30-Bingo 3:30-Ring Toss</p> 	<p>10:30-Exercise 11:00-Noodle Ball Toss 1:00-BaksetBall Toss 1:30-Play Doh Sensory 2:00-Holy Rosary 3:00-Church Service w/ Pastor Amy</p>	<p>10:30-Exercise 11:00-Shake Loose a Memory 1:00-Hand Massages 1:30-Basketball Toss 3:00-Social Hour 3:30-Gentle Chair Yoga</p>	<p>10:00-Exercise 3:00- Kick Ball</p>
<p>10:45- Visit w/ Father Shane 2:00- St. Andrews Lutheran Church Service (Channel 14)</p> 	<p>10:30-Exercise 11:00-Ring Toss 1:00-Baking Club 3:00-Virtual Zoo Tour 3:30-The Shores Walking Club</p> <p>Columbus Day (US) Indigenous Peoples' Day Thanksgiving (Canada)</p>	<p>10:30-Exercise 11:00-Balloon Toss 1:00-UNO 2:00- Birthday Party w/ Mary Hall 3:30-Giant Jenga</p> 	<p>10:30-Exercise 11:00-Scavenger Hunt 1:00-Scenic Drive &amp; DQ 2:30-Bingo 3:30-Rhymes</p> 	<p>10:30-Exercise 11:00-Theraputic Putty 1:00-Kickball 1:30-Shake Loose a Memory 2:00-Holy Rosary 3:00-Church Service w/ Pastor Amy</p>	<p>10:30-Exercise 11:00-Fall Craft 1:00-The Shores Walking Club 1:30-Riddles 3:00-Social Hour 3:30-Gentle Chair Yoga</p>	<p>10:00-Exercise 3:00- Bowling</p> 
<p>10:45- Visit w/ Father Shane 2:00- St. Andrews Lutheran Church Service (Channel 14)</p> 	<p>10:30-Exercise 11:00-Basketball Toss 1:00-Giant Jenga 2:00-Craft Corner w/ Ms. Jill 3:00-Bingo 3:30-Gentle Chair Yoga</p> 	<p>9:30-Music Sing a Long w/ Mary Livingston 11:00-Tongue Twisters 1:00-Bean Bag Toss 1:30-Parachute Exercise 3:00-Guess the Scent 3:30-The Shores Walking Club</p>	<p>10:30-Exercise 11:00-Theraputic Putty 1:00-Table Game Choice 1:30-Rign Toss 2:30-Bingo 3:30-Aphabet Game</p>	<p>10:30-Exercise 11:00-Chair Volleyball 1:00-Ball Toss 1:30-Current Events 2:00-Mass w/ Father Peter 3:00-Church Service w/ Pastor Amy</p>	<p>9:30-Music Therapy w/ Melissa 11:00-Bingo 1:00-Puzzles 1:30-Bunco 3:00-Social Hour 3:30-Ball Toss</p>	<p>10:00-Exercise 3:00-Parachute Exercise</p>
<p>10:45-Visit w/ Father Shane 2:00- St. Andrews Lutheran Church Service (Channel 14) 2:00-Pie Social</p> 	<p>10:30-Exercise 11:00-Puzzles 1:00-Bowling 1:30-Bingo 3:00-This Day in History 3:30-The Shores Walking Club</p>	<p>10:30-Exercise 11:00-Puzzles 2:00-Horse Racing (Comm Rm) 3:00-Cup Stacking 3:30-Ball Toss</p>	<p>10:30-Exercise 11:00-Fold &amp; Sort 1:00-Tie Dye 2:30-Bingo 3:30-Rhymes</p> 	<p>10:30-Exercise 11:00-Hangman 1:00-Virtual Scenic Tour 1:30-Pass the Pickle 2:00-Holy Rosary 3:00-Church Service w/ Pastor Amy</p>	<p>10:30-Exercise 11:00-Kickball 1:00-Kitchen Band 1:30-Basketball Toss 3:00-Social Hour 3:30-Gentle Chair Yoga</p>	<p>10:00-Exercise 3:00-Moive &amp; Popcorn</p> 
<p>10:45-Visit w/ Father Shane 2:00- St. Andrews Lutheran Church Service (Channel 14)</p> 	<p><b>Important Dates:</b>      Oct. 2<sup>nd</sup>—World Smile Day      Oct. 9<sup>th</sup>—Fire Prevention Day      Oct. 14<sup>th</sup>—Nation Dessert Day      Oct. 16<sup>th</sup>—Bosses Day      Oct. 31<sup>st</sup>—Halloween</p>					

Activities are subject to change. Please contact Kayla with questions or activity suggestions; [kcouillard@theshoresoflakephalen.com](mailto:kcouillard@theshoresoflakephalen.com)