

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>December 2021</h1> <p>Elm</p>			9:30-Exercise 1 10:00-Tongue Twisters 11:30-Shake Loose a Memory 2:00- Ring Toss 2:30-Bingo	9:30-Exercise 2 10:00-UNO 11:30-Horseshoes 2:00-Holy Rosary 3:00-Worship Service 	9:30-Exercise 3 10:00-Christmas Tree Decorating 11:30-Fold & Sort 2:00-Social Hour	10:00-Exercise 4 3:00-Parachute Exercise
10:45-Visit w/ Father 5 Shane 2:00-St. Andrews Lutheran Church Service (Channel 14)	9:30-Exercise 6 10:00-Bunco 11:30-Left, Right, Center 1:30-Cookie Decorating (CR) 	9:30-Exercise 7 10:00-Pass the Pickle 11:30-Giant Jenga 2:00-Birthday Party w/ Dale Dahlquist (CR) 	9:30-Exercise 8 10:00-Noodle Balloon Toss 11:30-Bean Bag Toss 2:00-Parachute Exercise 2:30-Bingo 	9:30-Exercise 9 10:00-Gift Wrapping 11:30-Giant Basketball Toss 2:00-Holy Rosary 3:00-Worship Service 	9:30-Exercise 10 10:00-Current Events 11:30-Horseshoes 2:00-Social Hour	10:00-Exercise 11 3:00-Ball Toss
10:45-Visit w/ Father 12 Shane 2:00-St. Andrews Lutheran Church Service (Channel 14)	9:30-Exercise 13 10:00-Shake Loose a Memory 11:30-Puzzles 2:00-Craft Corner (C) 	9:30-Exercise 14 10:00-Riddles 11:30-Fold & Sort 2:00-Ring Toss 2:30-Afternoon Stretch	9:30-Exercise 15 10:00-Connect Four 11:30-Kickball 2:00-Gentle Chair Yoga 2:30-Bingo 	9:30-Exercise 16 10:00-Jepordy 11:30-Giant Jenga 2:00-Mass w/ Father Peter 3:00-Worship Service 	9:30-Music Therapy 17 w/ Melissa 11:30-Family Feud 1:30-Puppy Therapy w/ Bob 2:00-Social Hour 	10:00-Exercise 18 3:00-Ring Toss
10:45-Visit w/ Father 19 Shane 2:00-St. Andrews Lutheran Church Service (Channel 14)	9:30-Exercise 20 10:00-Noodle Balloon Toss 11:30-Table Game Choice 2:00-The Shoers Walking Club 2:30-Hot Cocoa Social	9:30-Sing a long w/ 21 Mary Livingston 10:00-Bingo 11:30-Beading 2:00-Movie Matinee & Popcorn  <p>Winter Begins</p>	9:30-Exercise 22 10:00-Crhistmas Crafts 11:30-Giant Basketball Toss 2:00-Christmas Eve Social Hour	9:30-Exercise 23 10:00-Bowling 11:30-Whats in the Bag 2:00-Holy Rosary 3:00-Worship Service 	9:30-Exercise 24 10:00-Christmas Trivia 11:30-Word Search 2:00-Christmas Eve Mass w/ Father Shane 	25  <p>Christmas</p>
10:45-Visit w/ Father 26 Shane 2:00-St. Andrews Lutheran Church Service (Channel 14) <p>Kwanzaa Begins</p>	9:30-Exercise 27 10:00-Spoons 11:30-Ring Toss 2:00-Complete the Phrase 2:30-Gentle Chair Yoga	9:30-Exercise 28 10:00-Bingo 11:30-Cup Stacking 2:00-Theraputic Putty 2:30-The Shores Walking Club 	9:30-Exercise 29 10:00-Giant Jenga 11:30-Play Doh Sensory 2:00-New Year's Eve Social Hour	9:30-Exercise 30 10:00-Puzzles 11:30-Bean Bag Toss 2:00-Holy Rosary 3:00-Worship Service 	31  <p>New Year's Eve</p>	

Activities are subject to change. Please contact Kayla with questions or activity suggestions; kcouillard@theshoresoflakephalen.com