











Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:45—Visits w/ Father Shane 1 2:00—St. Andrews Lutheran Church Service (Channel 14) Happy Birthday to Janet & Hildie <small>New Year's Day</small>	RA Led Activities 10:30-Exercise 11:00-New Year's Crosswords & Wordsearches 1:00-BUNCO 1:30-Kickball 2	10:30-Exercise 3 11:00-The Price is Right: 1960's 1:00-Bunco 2:00-January Birthday Party w/ Vinny Rose (CR) 	10:30-Exercise 4 11:00-Trivia 1:00-National Park Scenic Tour 2:30-BINGO (CR) 	10:30-Exercise 5 11:00-UNO 1:00-Bean Bag Toss 2:00-Holy Rosary (CR) 3:00-Worship Service w. Pastor Scott (CR)	10:30-Exercise 6 11:00-Table Talk Tidbits 1:00-Horseshoes 1:30-Sequencing 2:00-Social Hour	RA Led Activities 10:00-Exercise 3:00-Ring Toss 7
10:45—Visits w/ Father Shane 8 2:00—St. Andrews Lutheran Church Service (Channel 14) Happy Birthday Gregory	10:30-Exercise 9 11:00-Beaded Snowflake Craft 1:00-Afternoon Stretch 1:30-Hangman 	10:30-Exercise 10 11:00-Is it Groovy in the 1960's Game RA Led Activities 1:00-Table Game Choice 1:30-Afternoon Stretch	10:30-Exercise 11 11:00-Name that Tune 1:00-Alphabet Game 2:30-BINGO (CR)	10:30-Exercise 12 11:00-What am I? 1:00-Therapeutic Putty 2:00-Holy Rosary (CR) 3:00-Worship Service w. Pastor Scott (CR)	10:30-Exercise 13 11:00-Left, Center, Right 1:00-Giant Bowling 1:30-Kickball 2:00-Social Hour	RA Led Activities 10:00-Exercise 3:00-Therapeutic Coloring & soft music 14
10:45—Visits w/ Father Shane 15 2:00—St. Andrews Lutheran Church Service (Channel 14)	10:30-Exercise 16 11:00-Pretty Nails 1:00-Parachute Exercise 2:00-Martin Luther King Jr. Movie (MT) 	9:30-Sing a Long w/ Mary Livingston 17 1:00-Is it Groovy? 2:00-Craft Corner—Snow Globes (CR) 	10:30-Exercise 18 11:00-Shake Loose a Memory 1:00-Table Choice 2:30-BINGO (CR) 	10:30-Exercise 19 11:00-Giant Jenga 1:00-Coffee, Cookies, and Table Talk 2:00-Mass w/ Father Peter (CR) 3:00-Worship Service w. Pastor Scott (CR)	9:30-Music Therapy w/ Melissa 20 1:00-Chair Soccer 1:30-Daily Chronicles 2:00-Social Hour 	RA Led Activities 10:00-Exercise 3:00-Afternoon Stretch 21
10:45—Visits w/ Father Shane 22 2:00—St. Andrews Lutheran Church Service (Channel 14) <small>Chinese New Year (Year of the Rabbit)</small>	RA Led Activities 23 10:30-Exercise 11:00-Water Painting 1:00-Card Game Choice 1:30-Movie Matinee & Popcorn <small>Activity Professionals Week</small>	10:30-Exercise 24 11:00-Noodle Balloon Toss RA Led Activities 1:00-Ring Toss 1:30-Paracute Exercise	10:30-Exercise 25 11:00-Who am I? 1:00-Water Painting 2:30-BINGO (CR) 	10:30-Singing Cowgirl Performance (CR) 26 1:00-Axe Throwing 2:00-Holy Rosary (CR) 3:00-Worship Service w. Pastor Scott (CR) <small>Australia Day (observed)</small>	10:30-Exercise 27 11:00-Current Events 1:00-Baseball Toss 1:30-Sort & Fold 2:00-Social Hour	RA Led Activities 28 10:00-Exercise 3:00-Kickball
10:45—Visits w/ Father Shane 29 2:00—St. Andrews Lutheran Church Service (Channel 14)	10:30-Exercise 30 11:00-1960's BINGO 1:00-Bunco 2:00-Armchair Travel—Canada (MT) 	10:30-Exercise 31 11:00-Scoop Ball 1:00-Play Doh Sensory 1:30-UNO 2:00-Magic Show (CR) 	<h1>January 2023</h1> <h2>Willow</h2>			

Activities are subject to change. Please contact Kayla with any questions or suggestions; kcorbett@theshoresoflakephalen.com