



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>Birthdays: Kim V! 5/24 Gwen L! 5/30</p>	<p>8:30- Morning Stretching (CR) 1 9:30-Exercise (CR) 10:00-Manicure Monday (CR) 1:00- Sundae Monday (DR) 2:00-Table Games (CR) 3:30- Shake Loose a Memory (CR) 6:00- Fact or Fiction Cards (CR)</p> <p style="text-align: center;">May Day</p>	<p>8:30-Daily Chronicles (CR) 2 9:30-Exercise (CR) 10:00-Card Club (CR) 10:30-Recall Ball (CR) 1:00-Craft Club (CR) 2:00- Birthday Party with Ross McLeod (CR) 3:00- Word Search and Water (CR) 6:00- Bored Board (CR)</p>	<p>8:30-This Day in History (CR) 3 9:30-Exercise (CR) 10:00-PICTIONANRY! (CR) 10:30-Sevens (CR) 1:00- Walking Club (Lobby) 2:30-Bingo! (CR) 3:30- Story Telling (CR) 6:00- Puzzles (LB) 6:30- Wheel of Fortune Wednesday (In Bistro CHANNEL 4)</p>	<p>8:30- They Invented what? (CR) 4 9:30-Exercise (CR) 10:00-Choir (CR) 1:00- Memory Jenga (CR) 2:00- Holy Rosary (CR) 3:00- Cross Lutheran Church Worship Service (CR) 6:00-Table Games (CR) 6:30-Free Art (CR)</p>	<p>8:30- Vision Boards!! (CR) 5 9:30- Music Therapy with Melissa (CR) 11:00- Perkins (lobby) 2:30-Happy Hour with Patrick Allen (CR) 6:00: Minnesota Trivia (CR)</p> <p style="text-align: center;">Cinco de Mayo</p>	<p>9:30: Resident Lead Exercise (CR) 6 10:00: Free art (CR) 10:30: Reading in Library (CR) 1:00: Netflix in Theater (MT)</p>
<p>8:30-Puzzles in Library 7 10:00-Mass with Father Shane (CR) 1:00-Board Games (CR) 2:00- St. Andrews Lutheran Church service (Channel 10) (MT) 3:00- Coffee and Conversations (Bistro) 6:00- Wii Sports (CR)</p>	<p>8:30- Morning Stretching (CR) 8 9:30- Exercise (CR) 10:00-Garbage (CR) 10:30-Group Game (CR) 1:00-Wal-Mart (Lobby) 3:00- Catch Phrase (CR) 6:00- Color by Number (CR)</p>	<p>8:30-Daily Chronicles (CR) 9 9:30- Exercise (CR) 10:00- Planting Party! (CR) 1:00- Craft Club (CR) 2:00- Table Hockey (CR) 2:30- Afternoon Stretch! (CR) 3:00- Cooking Club (CR) 6:00- Bored Board (CR)</p>	<p>8:30- This Day in History (CR) 10 9:30- Exercise (CR) 10:00-Card Club (CR) 10:30- SORRY! (CR) 1:00- Walking Club (Lobby) 2:30-Bingo! (CR) 3:30- Garden Club (CR) 6:00- Puzzles (LB) 6:30- Wheel of Fortune Wednesday (In Bistro CHANNEL 4)</p>	<p>8:30- They Invented what? (CR) 11 9:30- Exercise (CR) 10:00-Choir (CR) 1:00- BUNCO (CR) 2:00- Holy Rosary (CR) 3:00- Cross Lutheran Church Worship Service (CR) 6:00- Trivia Books (CR)</p>	<p>8:30- Weekly Affirmations (CR) 12 9:30- Exercise (CR) 10:00-Card Club (CR) 1:00: Soak up the sun! (2nd Floor Patio) 2:30- Happy Hour with Michael Larson (CR) 6:00- Minnesota Trivia (CR)</p>	<p>9:30-Resident Lead Exercise (CR) 13 10:00- Free Art (CR) 10:30- Reading in Library (CR) 1:00- Netflix in Theater (MT)</p>
<p>8:30- Puzzles in Library 14 10:00-Mass with Father Shane (CR) 1:00-Board Games (CR) 2:00- St. Andrews Lutheran Church Service (Channel 10) (MT) 3:30- Coffee and Conversations (Bistro) 6:00- Wii Sports (CR)</p> <p style="text-align: center;">Mother's Day National Skilled Nursing Week</p>	<p>8:30-Morning Stretching (CR) 15 9:30- Exercise (CR) 10:00- Sevens (CR) 10:30- Group Game (CR) 1:00- Mother's Day Tea Party! 2:30- Yahtzee (CR) 3:30- Table Games (CR) 6:00- Free Art (CR)</p>	<p>8:30- Daily Chronicles (CR) 16 9:30- Exercise (CR) 10:00- Card Club (CR) 10:30- Jenga (CR) 1:00-Craft Club (CR) 2:00- North Suburban Chorus! (DR) 3:30- Afternoon Stretch! (CR) 6:00- Bored Board (CR)</p>	<p>8:30- This Day in History (CR) 17 9:30- Exercise (CR) 10:00- Card Club 10:30- JEOPARDY! (CR) 1:00- Walking Club (Lobby) 2:30-Bingo! (CR) 3:30- Garden Club (CR) 6:00- Puzzles (LB) 6:30-Wheel of Fortune Wednesday (In Bistro CHANNEL 4)</p>	<p>8:30- They Invented what? (CR) 18 9:30- Exercise (CR) 10:00-Choir (CR) 1:00- UNO (CR) 2:00- Holy Rosary (CR) 3:00- Cross Lutheran Church Worship Service (CR) 6:00- Trivia Books (CR)</p>	<p>8:30- Weekly Affirmations (CR) 19 9:30- Exercise (CR) 10:00- Card Club (CR) 10:30- Bachman's (Lobby) 1:00- Soak up the sun! (2nd Floor Patio) 2:30- Happy Hour with Tom Erickson (CR) 6:00- Minnesota Trivia (CR)</p>	<p>9:30- Resident Lead Exercise (CR) 20 10:00- Free Art (CR) 10:30- Reading in Library (CR) 1:00- Netflix in Theater (MT)</p> <p style="text-align: center;">Armed Forces Day</p>
<p>8:30- Puzzles in Library 21 10:00-Mass with Father Shane (CR) 1:00- Board Games (CR) 2:00- St. Andrews Lutheran Church Service (Channel 10) (MT) 3:30- Coffee and Conversations (Bistro) 6:00- Wii Sports (CR)</p>	<p>8:30- Morning Stretching (CR) 22 9:30- Exercise (CR) 10:00- Garbage (CR) 10:30- Group Game (CR) 1:00- Dollar Tree (Lobby) 2:30- -Movie Monday! (MT) 3:30- Table Games (CR) 6:00- Free Art (CR)</p> <p style="text-align: center;">Victoria Day (Canada)</p>	<p>8:30- Daily Chronicles (CR) 23 9:30- Exercise (CR) 10:00- Sevens 10:30- Connect Four! 1:00- Craft Club (CR) 2:30- Armchair Travell – New York! 3:30- Afternoon Stretch! (CR) 6:00- Bored Board (CR)</p>	<p>8:30- This Day in History (CR) 24 9:30- Exercise (CR) 10:00- Card Club (CR) 10:30- FAMILY FEUD! (CR) 1:00- Walking Club (Lobby) 2:30-Bingo! (CR!) 3:30- Garden Club (CR) 6:00- Puzzles (LB) 6:30- Wheel of Fortune Wednesday (In Bistro CHANNEL 4)</p>	<p>8:30- They Invented what? (CR) 25 9:30- Exercise (CR) 10:00- Choir (CR) 1:00- Catch Phrase (CR) 2:00- Holy Rosary (CR) 3:00- Cross Lutheran Church Worship Service (CR) 6:00- Trivia Books (CR)</p> <p style="text-align: center;">Shavuot Begins</p>	<p>8:30- Weekly Affirmations (CR) 26 9:30- Exercise (CR) 10:30- Keller Park Picnic (lobby) 1:00- Card Club (CR) 2:30- Happy Hour with Make it Mary! (CR) 6:00- Minnesota Trivia (CR)</p>	<p>8:30- Resident Lead Exercise (CR) 27 10:00- Free Art (CR) 10:30- Reading in Library (CR) 1:00- Netflix in Theater (MT)</p>
<p>8:30- Puzzles in Library 28 10:00- Mass with Father Shane (CR) 1:00- Board Games (CR) 2:00- St. Andrews Lutheran Church Service (Channel 10) (MT) 3:30- Coffee and Conversations (Bistro) 6:00- Wii Sports (CR)</p>	<p>8:30- Morning Stretching (CR) 29 9:30- Exercise (CR) 10:00- Garbage (CR) 10:30- Group Game (CR) 1:00- Movie Monday! (MT) 2:30- GIANT BOWLING! (CR) 3:30- Table Games (CR) 6:00- Free Art (CR)</p> <p style="text-align: center;">Memorial Day</p>	<p>8:30- Daily Chronicles (CR) 30 9:30- Exercise (CR) 10:00- Scrabble (CR) 10:30- Garbage (CR) 1:00- Craft Club (CR) 3:30- Afternoon Stretch! (CR) 6:00- Bored Board (CR)</p>	<p>8:30- This Day in History (CR) 31 9:30- Exercise (CR) 10:00- Coffee W/ Chef Scott 10:30- ALPHABET GAME! (CR) 1:00- Town Hall 2:00- Walking Club (Lobby) 2:30-Bingo! (CR) 3:30- Garden Club (CR) 6:00- Puzzles (LB) 6:30- Wheel of Fortune Wednesday (In Bistro CHANNEL 4)</p>	<h1>May 2023</h1> <p>The Shores of Lake Phalen</p>		

Activities are subject to change. For any concerns, please contact activities @ asanders@shoresoflakephalen.com