

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2023

The Shores of Lake Phalen

9:30-Resident lead exercise.1
(CR)
10:00- Free art (CR)
**1:00- Netflix in Theater-
Nanny McPhee
(MT)**
3:00- Reading in library

Canada Day

8:30- Puzzles (Library) **2**
10:00-Mass with Father Shane (CR)
2:00-St. Andrews Lutheran Church Service (Channel 10) (MT)
3:00- Coffee and Conversations (Bistro)
6:00- Wii Bowling (CR)

8:30- Daily Chronicles (CR) **3**
9:30-Exercise (CR)
**1:00- Movie Monday-
Overboard (MT)**
3:00- Afternoon Stretch (resident lead)
6:00- Trivia Books (CR)
(Resident lead activities)

8:30- Daily Chronicles (CR) **4**
9:30-Exercise (CR)
10:00-Card Club (CR)

6:00- Free Art
(Resident lead activities)
Independence Day (US)

8:30- Daily Chronicles (CR) **5**
9:30-Exercise (Resident Lead) (CR)
10:00- Vitals Clinic (CR)
2:30-Bingo! (CR)
3:30- Soaking up the sun (2nd floor patio)
6:00- Bored Board (CR)
(Resident Lead Activities)

8:30- Daily Chronicles (CR) **6**
9:30-Exercise (CR)
10:00- Card Club (CR)
2:00-Holy Rosary (CR)
3:00- Cross Lutheran Church Service (CR)
6:00- Color by Number (CR)
(Resident lead activities)

8:30- Daily Chronicles (CR) **7**
9:30- Music Therapy! (CR)
2:30-Happy Hour with Patrick Allen (CR)
6:00- US Trivia (CR)
(Resident lead activities)

9:30-Resident lead exercise.8
(CR)
10:00- Free art (CR)
**1:00- Netflix in Theater-
Julie & Julia
(MT)**
3:00- Reading in library

8:30- Puzzles (Library) **9**
10:00-Mass with Father Shane (CR)
2:00-St. Andrews Lutheran Church Service (Channel 10) (MT)
3:00- Coffee and Conversations (Bistro)
6:00- Wii Bowling (CR)

8:30- Daily Chronicles (CR) **10**
9:30-Exercise (CR)
10:00- Manicure Monday! (CR)
1:00- Wal-Mart (Lobby)
3:00: Afternoon Stretch (CR)
6:00- Trivia Books (CR)

8:30- Daily Chronicles (CR) **11**
9:30-Exercise (CR)
10:00-Card Club (CR)
2:00- Birthday Party with Tamas Majoros
3:30- Afternoon Stretch (CR)
6:00- Free Art (CR)

8:30- Daily Chronicles (CR) **12**
9:30-Exercise (CR)
10:00- Words that start with- (CR)
2:30-Bingo! (CR)
3:30- Soaking up the sun (2nd floor patio)
6:00- Bored Board (CR)

8:30- Daily Chronicles (CR) **13**
9:30-Exercise (CR)
10:30- O.B.B's (Lobby)
2:00-Holy Rosary (CR)
3:00- Cross Lutheran Church Service (CR)
6:00- Color by Number (CR)

8:30- Daily Chronicles (CR) **14**
9:30-Exercise (CR)
10:00- Is That True? (CR)
1:00- Wii Sports (CR)
2:30-Happy Hour with Michael Larson (CR)
6:00- US Trivia (CR)

9:30-Resident lead exercise.15
(CR)
10:00- Free art (CR)
**1:00- Netflix in Theater-
Nanny McPhee Returns
(MT)**
3:00- Reading in library

8:30- Puzzles (Library) **16**
10:00- Table Games (CR)
2:00-St. Andrews Lutheran Church Service (Channel 10) (MT)
3:00- Coffee and Conversations (Bistro)
6:00- Wii Bowling (CR)

8:30- Daily Chronicles (CR) **17**
9:30-Exercise (CR)
10:00- Card Club (CR)
1:00- Movie Matinee-Ferris Bueller's Day Off (MT)
3:00- Afternoon Stretch (CR)
6:00- Trivia Books (CR)

8:30- Daily Chronicles (CR) **18**
9:30-Exercise (CR)
10:00-Card Club (CR)
2:00-Let's Go Fishing (Lobby)
6:00- Free Art (CR)

8:30- Daily Chronicles (CR) **19**
9:30-Exercise (CR)
10:00- Jenga (CR)
1:00-Walking Club (Lobby)
2:30-Bingo! (CR)
3:30- Soaking up the sun (2nd floor patio)
6:00- Bored Board (CR)

8:30- Daily Chronicles (CR) **20**
9:30-Exercise (CR)
10:00- Card Club (CR)
2:00-Mass with Father Peter (CR)
3:00- Cross Lutheran Church Service (CR)
6:00- Color by Number (CR)

8:30- Daily Chronicles (CR) **21**
9:30-Exercise (CR)
10:00- Craft Group (CR)
1:00- Wii Sports (CR)
2:30-Happy Hour with Tom Erickson (CR)
6:00- US Trivia (CR)

9:30-Resident lead exercise.22
(CR)
10:00- Free art (CR)
**1:00- Netflix in Theater-
Steel Magnolias
(MT)**
3:00- Reading in library

8:30- Puzzles (Library) **23**
10:00-Mass with Father Shane (CR)
2:00-St. Andrews Lutheran Church Service (Channel 10) (MT)
3:00- Coffee and Conversations (Bistro)
6:00- Wii Bowling (CR)

8:30- Daily Chronicles (CR) **24**
9:30-Exercise (CR)
10:00- Card Club (CR)
1:00-Dollar Tree (Lobby)
3:00- Afternoon Stretch (CR)
6:00- Trivia Books (CR)

8:30- Daily Chronicles (CR) **25**
9:30-Exercise (CR)
10:00- Card Club (CR)
2:00-Ice Cream Social (DR)
3:00-Afternoon Stretch (CR)
6:00- Free Art (CR)

8:30- Daily Chronicles (CR) **26**
9:30-Exercise (CR)
10:00-Coffee w/ Chef Scott (CR)
1:00-Town Hall (CR)
2:30-Bingo! (CR)
3:30- Soaking up the sun (2nd floor patio)
6:00- Bored Board (CR)

8:30- Daily Chronicles (CR) **27**
9:30-Exercise (CR)
10:30- Picnic at Keller Lake (Lobby)
2:00-Holy Rosary (CR)
3:00- Cross Lutheran Church Service (CR)
6:00- Color by Number (CR)

8:30- Daily Chronicles (CR) **28**
9:30-Exercise (CR)
10:00- Watercolor Fun! (CR)
1:00- Wii Sports (CR)
2:30-Happy Hour and Horseracing! (CR)
6:00- US Trivia (CR)

9:30-Resident lead exercise.29
(CR)
10:00- Free art (CR)
**1:00- Netflix in Theater-
Matilda
(MT)**
3:00- Reading in library

8:30- Puzzles (Library) **30**
10:00-Mass with Father Shane (CR)
2:00-St. Andrews Lutheran Church Service (Channel 10) (MT)
3:00- Coffee and Conversations (Bistro)
6:00- Wii Bowling (CR)

8:30-Daily Chronicles (CR) **31**
9:30- Exercise (CR)
10:00- Card Club (CR)
**2:00-Armchair Travel-
Colorado**
3:00- Afternoon Stretch (CR)
6:00- Trivia Books (CR)

Birthdays:
Anna D! 7/21!
Annette M! 7/22!

Key:
(CR)= Community Room
(DR)= Dining Room
(LB)= Library
(MT)= Movie Theater