

Vitals Clinic

Vitals Clinic will be held in the community room on June 7th at 10am! Thank you!



The Shores Choir

The Shores Choir concert will be held on June 1st at 10am in the community room!

June Birthdays

Diane J!	6/3
George H!	6/3
Maxine D!	6/5
Severt "Doc" W!	6/13
Jeanne M!	6/27

Staff Birthdays

Carrie G!	6/1
Paula H!	6/11
Shai L!	6/23



Welcome new residents!

Please give a warm welcome to our newest residents.

Terry S! Dena M!
Roy D!
Margo W!
Tom G!



June 2023

The Pebbles of Lake Phalen



The Shores of Lake Phalen | 1870 E Shore Dr. | 651-777-7784

Celebrating June

Men's Health Month

National Candy Month

National Say Something Nice Day June 1

National Donut Day

June 3

National Chocolate Ice Cream
Day
June 7

National Red Rose Day

June 12

Flag Day
June 14

Worldwide Day of Giving

June 15

Father's Day
June 18

World Music Day

June 21

National Sunglasses Day
June 27

Walking Club!

As the weather gets increasingly beautiful, we encourage everyone to join us during walking club! We will be taking walks down to Phalen Lake on June 7th and 21st at 1:00pm to enjoy scenery and fresh air!

Craft Club with Pam!

Pam will be returning June 26th at 10:00am. There will be a sign-up sheet at the front desk moving forward and will be limited to 8 residents from the 2nd and 3rd floor. Thank you!



Summer Fun



SUNSCREEN SANDCASTLE SUNGLASSES COOKOUT **BEACH** CAMPING OUTSIDE VACATION **SWIMSUIT POPSICLE HAMBURGERS HOTDOGS** WATERMELON **FRIENDS** BIKE PICNIC ICECREAM **SPRINKLER** SWIMMING SUNSHINE **POOL SWEAT** HOT SUMMER

The People's Car

June 22 is Worldwide VW Beetle Day. What has made the Volkswagen Beetle one of the world's most recognizable and beloved automobiles? First and foremost is its innovative and fun design—a small and compact car with an innovative curved roof, a feature that makes it both aerodynamic and adorable. The Beetle was designed for much more than just fun, however; it was also affordable, practical, and reliable. Volkswagen means the "people's car," and these cars were intended to be affordable for all, costing just 31 weeks' worth of pay. Vintage Beetles sported an aircooled rear engine, which meant that it did not need expensive cooling units and could reliably operate in both heat and cold. It also got excellent gas mileage, more than 30 miles to the gallon. The car's simple engine and parts were easy to replace and inexpensive to repair and maintain. All of these reasons made the VW Beetle the world's best-selling car for decades. The original Beetle was so popular that it was built for 65 straight years from 1938 to 2003, making it the longest-produced vehicle in history. No other car even comes close.

Outings this month:

6/5-Treasure Island Casino 6/13-Wal-Mart 6/19-Dollar Tree 6/22-Culvers 6/29-Jimmy's



Please sign up at the front desk to go on any upcoming outings © Thank you!

This Month in History

"It's a Bird! It's A Plane!"

June 1st,1938 the first Superman comic is published.

June 17th, 1885

The Statue of Liberty arrives in New York from France.



June 25th,1984

Prince released his album "Purple Rain".

Events this month:

Birthday Party...6/6...@2pm Father's Day Cookout...6/16..@11:30am Armchair Travel: Hawaii..6/20..@2pm



Group Games:

Horseracing....6/12......@1pm Giant Bowling....6/27.......@2:30pm



Showtimes:

A League of Their Own...6/3..@1:00
Pursuit of Happyness....6/5....@1:00
Lemony Snicket's Series of Unfortunate
Events....6/10...@1:00
La La Land........6/17...@1:00
Sleepless in Seattle..6/24...@1:00
The Sound of Music...6/28..@1:00



Father's Day up in Flames



Father's Day is on June 18, and that likely means that dads will be getting plenty of ties as gifts. The first Father's Day in America was proposed by Sonora Louise Smart Dodd in 1909, who wanted to honor her father, a Civil War veteran

and widowed single dad. On the first Father's Day, Dodd suggested that all fathers be honored with a rose—red for those still living, and white worn for those who had passed. In France, dads receive quite a different gift: a Flaminaire lighter. Flaminaire commercialized the first lighters in 1908, but it wasn't until the 1950s, when consumerism began to peak, that the Flaminaire company embarked on an ad campaign linking their lighters to a French Father's Day. It has been traditional to offer dad a lighter ever since.