

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2023

ELM

<h1>July 2023</h1> <p>ELM</p>							1 Ra Led Activities 10:00-Exercise 1:30-Bean Bag Toss 3:30-Parachute Exercise <small>Canada Day</small>
2 Ra Led Activities 10:00-Exercise 10:45—Private visits from Father Shane 1:30-Puzzles, Wordsearches & Coffee 2:00-Worship Service on Channel 10	3 8:30-Daily Chronicles 9:30-Exercise 10:00-Pretty Nails 11:30-Ring Toss 1:00-Water Balloon Toss on the Patio 1:30-Price Is Right- 1960's Editon. 3:00-Left, Center, Right 6:00-Afternoon Stretch	4 Ra Led Activities <i>8:30-Daily Chronicles</i> <i>9:30-Exercise</i> <i>10:00-Card Game</i> <i>11:30-4th of July Junk Drawer Detective</i> <i>1:00-4th of July Documentary on Netflix</i> <i>1:30-Giant Jenga</i> <small>Independence Day (US)</small>	5 8:30-Daily Chronicles 9:30-Exercise 10:00-Giant Jenga 11:30-Baseball Toss 1:00-Walking Club 2:30-BINGO (CR) 3:00-Axe Throwing 6:00-Theraputic Putty	6 8:30-Daily Chronicles 9:30-Exercise 10:00-Parachute Exercise 11:30-Theraputic Putty 1:00-What am I? 2:00-Holy Rosary (CR) 3:00-Worship Service w/ Pastor Scott (CR) 6:00-Table Game Choice	7 Ra Led Activities <i>8:30-Daily Chronicles</i> <i>9:30-Exercise</i> <i>10:00-True or False</i> <i>11:30-Patio Social</i> <i>1:00-Ball Toss</i> <i>2:30-Happy Hour (CR)</i> <i>6:00-Dominoes</i>	8 Ra Led Activities 10:00-Exercise 1:30-Horseshoes 3:30-Bean Bag Toss	
9 Ra Led Activities 10:00-Exercise 10:45—Private visits from Father Shane 1:30-Puzzles, Wordsearches & Coffee 2:00-Worship Service on Channel 10	10 8:30-Daily Chronicles 9:30-Exercise 10:00-Noodle Balloon Toss 11:30-Golfing Ra Led Activities <i>1:00-Patio Social & Lemonade</i> <i>1:30-Ball Toss</i> <i>3:00-Theraputic Coloring & Soft Music</i> 6:00-Table Game Choice	11 8:30-Daily Chronicles 9:30-Exercise 10:00-Garden Club 11:30-Left, Center, Right 1:00-BUNCO 2:00-July Birthday Party w/ Tomas Majores (CR) 3:00-Dominoes	12 8:30-Daily Chronicles 9:30-Exercise 10:00-Parachute Exercise 11:30-Kickball 1:00-Scenic Drive & Culvers 2:30-BINGO (CR) 3:00-Busy Box 6:00-Phase 10	13 8:30-Daily Chronicles 9:30-Exercise 10:00-Noodle Balloon Toss Ra Led Activities <i>11:30-Color Sorting</i> <i>1:00-Giant Jenga</i> 2:00-Holy Rosary (CR) 3:00-Worship Service w/ Pastor Scott (CR)	14 8:30-Daily Chronicles 9:30-Exercise 10:00-Craft Club- DIY Balloon Bowl 11:30-Music Trivia 1:00- Chair Volleyball 2:30-Happy Hour (CR) 6:00-Afternoon Stretch	15 Ra Led Activities 10:00-Exercise 1:30-BINGO 3:30-Fold & Sort	
16 Ra Led Activities 10:00-Exercise 10:45—Private visits from Father Shane 1:30-Puzzles, Wordsearches & Coffee 2:00-Worship Service on Channel 10	17 8:30-Daily Chronicles 9:30-Exercise 10:00-Craft Club-Hydro Blasting Water Coloring 11:30-Baseball Toss 1:00-Lets Go Fishing Outing 3:00-Axe Throwing 6:00-Dominoes	18 8:30-Daily Chronicles 9:30-Exercise 10:00-Garden Club 11:30-UNO Ra Led Activities <i>1:00-July Trivia</i> <i>1:30-Dot-to-Dot</i> <i>3:00-Card Games</i> 6:00-Table Game Choice	19 8:30-Daily Chronicles 9:30-Exercise 10:00-who am I? 11:30-Giant Soccer 1:00-Walking Club 2:30-BINGO (CR) 3:00-Shake Loose a Memory 6:00-Afternoon Stretch	20 8:30-Daily Chronicles 9:30-Exercise 10:00-Craft Club-Stamping 11:30-Golfing 2:00-Mass w/ Father Peter (CR) 3:00-Worship Service w/ Pastor Scott (CR) 6:00-Phase 10	21 8:30-Daily Chronicles 9:30-Music Therapy w/ Melissa 11:30- Card Came Choice 1:00-BINGO 2:30-Happy Hour (CR) 6:00-Theraputic Putty	22 Ra Led Activities 10:00-Exercise 1:30-Movie Matinee & Popcorn 3:30-Chair Soccer	
23 Ra Led Activities 10:00-Exercise 10:45—Private visits from Father Shane 1:30-Puzzles, Wordsearches & Coffee 2:00-Worship Service on Channel 10	24 8:30-Daily Chronicles 9:30-Exercise 10:00-Parachute Exercise 11:30-Current Events Ra Led Activities <i>1:00-Shake Loose a Memory</i> <i>1:30-BINGO</i> <i>3:00-Chair Soccer</i> 6:00-Table Game Choice	25 8:30-Daily Chronicles 9:30-Exercise 10:00-Garden Club 11:30-Ring Toss 1:00-Catch Phrase 2:00-Ice Cream Social (CR) 3:00-Patio Social & Lemonade 6:00-Dominoes	26 8:30-Daily Chronicles 9:30-Exercise 10:00- Baking Club-Sugar Cookies 11:30-UNO 1:00-Walking Club 2:30-BINGO (CR) 3:00-Play Doh Sensory 6:00-Theraputic Putty	27 8:30-Daily Chronicles 9:30-Exercise 10:00-Noodle Balloon Toss Ra Led Activities 11:30-Puzzles & Conversation 1:00-Table Talk Tidbits 2:00-Holy Rosary (CR) 3:00-Worship Service w/ Pastor Scott (CR)	28 Ra Led Activities <i>8:30-Daily Chronicles</i> <i>9:30-Exercise</i> <i>10:00-Water Color Fun</i> <i>11:30-I Remember That!</i> <i>1:00-Sounds at Home- Listening to Lotto</i> <i>2:30-Happy Hour (CR)</i> <i>6:00-Phase 10</i>	29 Ra Led Activities 10:00-Exercise 1:30-Ring Toss on the Patio 3:30-Paracutec Exercise	
30 Ra Led Activities 10:00-Exercise 10:45—Private visits from Father Shane 1:30-Puzzles, Wordsearches & Coffee 2:00-Worship Service on Channel 10	31 8:30-Daily Chronicles 9:30-Exercise 10:00-Bubbles on the Patio 11:30-UNO 1:00-Paint by Number 2:00-Armchair Travel—Colorado (MT) 6:00-Table Game Choice	<p><u>Happy Birthday:</u></p> <p>Don F.—7/2 Helen W.—7/25</p>					

Activities are subject to change. Please contact Kayla with any questions or suggestions; kcorbett@theshoresoflakephalen.com

